

DIRECTIONS: Take one (1) packet daily with food, or as recommended by a healthcare practitioner. To ensure product consistency, store tightly closed in a cool, dry place.

CAUTION: Individuals consuming more than 50 mcg (2,000 IU)/day of vitamin D (from diet and supplements) should periodically obtain a serum 25-hydroxy vitamin D measurement. Do not exceed 10,000 IU per day unless recommended by your doctor. Vitamin D supplementation is not recommended for individuals with high blood calcium levels. Supplemental zinc can inhibit the absorption and availability of copper. If more than 50 mg of supplemental zinc is to be taken daily for more than four weeks, 2 mg of supplemental copper should also be taken to reduce the risk of copper deficiency.

OptiZinc® is a registered trademark of InterHealth Nutraceuticals, Inc.

EpiCor® is a registered trademark of Embria Health Sciences, L.L.C.

Manufactured for:
**Quality Supplements and
Vitamins, Inc.**
Ft. Lauderdale, FL 33309

LifeExtension.com

To report a serious adverse
event or obtain product
information, contact

1-866-280-2852.

Pkg02425A

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is damaged.
- Consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

*These statements have not been
evaluated by the Food and
Drug Administration.

These products are not intended
to diagnose, treat, cure, or prevent
any disease.



**LIFE
EXTENSION®**

Immune Packs with Vitamin C & D, Zinc and Probiotic



Everyday Immune Foundations*

30 PACKETS | **DIETARY
SUPPLEMENT**

Zinc Caps 50 mg

Supplement Facts

Serving Size 1 Vegetarian Capsule

Amount Per Serving	% Daily Value	
Zinc (as OptiZinc® zinc monomethionine, zinc citrate)	50 mg	455%

Other ingredients: microcrystalline cellulose, vegetable cellulose (capsule), vegetable stearate, silica.

**FLORASSIST®
Immune & Nasal Defense**

Supplement Facts

Serving Size 1 Vegetarian Capsule

Amount Per Serving	% Daily Value	
EpiCor®-Dried fermentate (from <i>Saccharomyces cerevisiae</i>)	500 mg	**
<i>Lactobacillus rhamnosus</i> CRL1505 [providing 100 million CFU*]	50 mg	**

**Daily Value not established.

Other ingredients: vegetable cellulose (capsule), microcrystalline cellulose, corn starch, silica, stearic acid.

**Vitamin C and
Bio-Quercetin Phytosome**

Supplement Facts

Serving Size 1 Vegetarian Tablet

Amount Per Serving	% Daily Value	
Vitamin C (as ascorbic acid)	1000 mg	1111%
Bio-Quercetin phytosome (providing 5 mg quercetin [from Japanese sophora concentrate (flower bud)], phosphatidylcholine complex [from sunflower])	15 mg	**

**Daily Value not established.

Other ingredients: microcrystalline cellulose, stearic acid, croscarmellose sodium, vegetable stearate, silica, coating (hydroxypropyl methylcellulose, glycerin).

**Vitamin D3
125 mcg (5000 IU)**

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value	
Vitamin D3 (as cholecalciferol)	125 mcg	625%

Other ingredients: extra virgin olive oil, gelatin, medium chain triglycerides, glycerin, purified water, rosemary extract.