DIRECTIONS: Take one (1) packet daily with food, or as recommended by a healthcare practitioner. To ensure product consistency, store tightly closed in a cool, dry place.

CAUTION: Individuals consuming more than 50 mcg (2,000 IU)/day of vitamin D (from diet and supplements) should periodically obtain a serum 25-hydroxy vitamin D measurement. Do not exceed 10,000 IU per day unless recommended by your doctor. Vitamin D supplementation is not recommended for individuals with high blood calcium levels. Supplemental zinc can inhibit the absorption and availability of copper. If more than 50 mg of supplemental zinc is to be taken daily for more than four weeks, 2 mg of supplemental copper should also be taken to reduce the risk of copper deficiency.

OptiZinc® is a registered trademark of InterHealth Nutraceuticals, Inc.
EpiCor® is a registered trademark of Embria Health Sciences, L.L.C.

Manufactured for: Quality Supplements and Vitamins, Inc. Ft. Lauderdale, FL 33309

LifeExtension.com

To report a serious adverse event or obtain product information, contact

1-866-280-2852.

WARNINGS:

- . KEEP OUT OF REACH OF CHILDREN
- DO NOT EXCEED RECOMMENDED
 DOSE.
- Do not purchase if outer seal is
 demaged.
- Consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent

any disease.



Immune Packs

with

Vitamin C & D, Zinc and Probiotic





Everyday Immune Foundations*

30 PACKETS

DIETARY SUPPLEMENT

Zinc Caps 50 mg

Supplement Facts

Serving Size 1 Vegetarian Capsı	ıle	
Amount Per Serving	% Da	ily Value
Zinc (as OptiZinc® zinc monomethionine, zinc citrate)	50 mg	455%
monomethionine, zinc citrate)		

Other ingredients: microcrystalline cellulose, vegetable cellulose (capsule), vegetable stearate, silica.

FLORASSIST® Immune & Nasal Defense

Supplement Facts Serving Size 1 Vegetarian Capsule Amount Per Serving % Daily Value EpiCor®-Dried fermentate (from Saccharomyces cerevisiae) Lactobacillus rhamnosus 50 mg ** CRL1505 [providing

Other ingredients: vegetable cellulose (capsule), microcrystalline cellulose, corn starch, silica, stearic acid

100 million CFU[†]1

**Daily Value not established

Vitamin C and Bio-Quercetin Phytosome

Supplement Facts

Serving Size 1 Vegetarian Tablet

Amount Per Serving		% Dail	y Value
Vitamin C (as ascorbic acid)	1000	mg	1111%
Bio-Quercetin phytosome (providing 5 mg quercetin [fr Japanese sophora concentra (flower bud)], phosphatidylch complex [from sunflower])	rom ite	mg	**

**Daily Value not established.

Other ingredients: microcrystalline cellulose, stearic acid, croscarmellose sodium, vegetable stearate, silica, coating (hydroxypropyl methylcellulose, glycerin).

Vitamin D3 125 mcg (5000 IU)

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving

Amount Per Serving % Daily Value
Vitamin D3 125 mcg 625%
(as cholecalciferol)

Other ingredients: extra virgin olive oil, gelatin, medium chain triglycerides, glycerin, purified water, rosemary extract.