

Read the entire label and follow the directions carefully prior to use.

DIRECTIONS: Take one (1) mL 30 to 60 minutes before bedtime, or as recommended by a healthcare practitioner. 1 mL is equivalent to approximately 20 drops.

CAUTION: Do not consume alcohol, drive or operate machinery after taking this product. Vegetarian

Store tightly closed in a cool, dry place.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.



LIFE EXTENSION®

Fast-Acting Liquid Melatonin Citrus-Vanilla Flavor



GLUTEN FREE

NON
GMO
LE CERTIFIED

Promotes Optimal Sleep*

NET WT. 2FL. OZ.
(59 ML)

DIETARY
SUPPLEMENT

Supplement Facts

Serving Size 1 mL • Servings Per Container: About 59

| Amount Per Serving | | % Daily Value |
|--------------------|------|---------------|
| Total carbohydrate | 1 g | <1% |
| Melatonin | 3 mg | ** |

**Daily Value not established.

Other ingredients: glycerin, purified water, orange and vanilla flavors, gum arabic, citric acid.

Manufactured for:

Quality Supplements and Vitamins, Inc.
Ft. Lauderdale, Florida 33309 • LifeExtension.com
To report a serious adverse event or obtain product information, contact 1-866-280-2852.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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