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product info



01/2024
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Read the entire label and follow the directions carefully.

DIRECTIONS: Take one (1) capsule daily, or as recommended by a healthcare practitioner.

Store tightly closed in a cool, dry place.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is damaged.
- Consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

ErgoActive® is a registered mark of Blue California.



**LIFE
EXTENSION®**

Essential Youth L-Ergothioneine 5 mg



NON
GMO
LE CERTIFIED

Support Healthy Aging*

30 VEGETARIAN
CAPSULES | DIETARY
SUPPLEMENT

Supplement Facts

Serving Size 1 Vegetarian Capsule

Amount Per Serving	% Daily Value
Vitamin C (from ascorbyl palmitate)	5 mg 6%
ErgoActive® (L-Ergothioneine)	5 mg **

**Daily Value not established.

Other ingredients: microcrystalline cellulose, maltodextrin, vegetable cellulose (capsule), rice bran, silica.

Manufactured for:
Quality Supplements and Vitamins, Inc.
Ft. Lauderdale, FL 33309 • LifeExtension.com
To report a serious adverse event or obtain
product information, contact 1-866-280-2852.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.