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product info



06/2024
63209

Read the entire label and follow the directions carefully prior to use.

DIRECTIONS: Take one (1) capsule once or twice daily (morning and evening), or as recommended by a healthcare practitioner.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is damaged.
- Consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



L00987N



**LIFE
EXTENSION®**

Enhanced Stress Relief



Promotes a Healthy
Response to Stress*

30 VEGETARIAN CAPSULES | DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Vegetarian Capsule

Amount Per Serving	% Daily Value	
Lemon balm extract (aerial parts) [std. to ≥7% rosmarinic acid, ≥14% hydroxycinnamic acid]	300 mg	**
L-Theanine	200 mg	**

**Daily Value not established.

Other ingredients: vegetable cellulose (capsule), microcrystalline cellulose, silica, vegetable stearate.

Manufactured for:
Quality Supplements and Vitamins, Inc.
Ft. Lauderdale, FL 33309 • LifeExtension.com
To report a serious adverse event or obtain product information, contact 1-866-280-2852.

Store tightly closed in a cool, dry place.