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product info



02/2024  
62752

Read the entire label and follow the directions carefully prior to use.

**DIRECTIONS:** Take one (1) capsule daily, or as recommended by a healthcare practitioner. May be taken during daytime for stress or before bed to help with sleep.

Store tightly closed in a cool, dry place.

**WARNINGS:**

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

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**LIFE  
EXTENSION®**

# Enhanced Sleep\* without Melatonin



**Sleep Better, Look Better**

**30** VEGETARIAN CAPSULES | DIETARY SUPPLEMENT

## Supplement Facts

Serving Size 1 Vegetarian Capsule

| Amount Per Serving                                                                                                                                                                                       | % Daily Value |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------|
| Proprietary blend of Sensoril®<br>ashwagandha extract (root, leaf) std. to<br>withanolide glycoside conjugates and<br>Capros® amla extract (fruit) std. to low<br>molecular weight hydrolysable tannins] | 200 mg **     |
| Casein decapeptide†<br>(Bioactive Milk Peptides)                                                                                                                                                         | 150 mg **     |

\*\*Daily Value not established.

Other ingredients: vegetable cellulose (capsule), microcrystalline cellulose, maltodextrin, silica, vegetable stearate.

*Contains milk (casein decapeptide).*

Manufactured for: **Quality Supplements and Vitamins, Inc.**  
Ft. Lauderdale, FL 33309 • LifeExtension.com  
To report a serious adverse event or obtain product information, contact 1-866-280-2852.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.