

Directions: Take 1 softgel daily as a dietary supplement or as directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN.
Protect from heat, light and moisture.
Store at 15-30°C (59-86°F).

MADE IN THE U.S.A.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

GLUTEN FREE



COD LIVER OIL

EXCELLENT SOURCE OF VITAMIN A & D†

Supplement Facts

Serving Size: 1 Softgel

	Amount Per Serving	% Daily Value
Cholesterol	<5 mg	1%*
Vitamin A (as retinyl palmitate)	1,250 IU	25%
Vitamin D (as cholecalciferol)	135 IU	34%
Cod Liver Oil	415 mg	†
Total Omega-3 fatty acids‡ (90 mg)		
EPA-eicosapentaenoic acid (37 mg)		
DHA-docosahexaenoic acid (36 mg)		

*Percent Daily Values are based on a 2,000 calorie diet.

†Daily value not established.

‡As natural triglycerides

Other ingredients: Gelatin, vegetable glycerin, and purified water.

Contains fish (cod).

NO SUGAR, STARCH, YEAST, CORN, WHEAT, MILK,
ARTIFICIAL COLORS, FLAVORS OR PRESERVATIVES

DIETARY SUPPLEMENT 60 SOFTGELS

Distributed by: Foods Plus™
6 Henderson Drive, West Caldwell, New Jersey 07006