## OLD SCHOOL DEDICATION. MODERN SCIENCE.™

▲ WARNING: Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause cancer. For more information, go to www.P65Warnings.ca.gov.

WARNING: This product is only intended for use in healthy adults 18 years of age or older. Pregnant or nursing women should not use this product. Consult your healthcare provider before using this product, especially if you are taking any prescription, over the counter medication, dietary supplement product, or if you have any pre-existing medical condition including but not limited to: high or low blood pressure, cardiac arrhythmia, stroke, heart, liver, kidney or thyroid disease, seizure disorder, psychiatric disease, diabetes, difficulty urinating due to prostate enlargement or if you are taking a MAOI (Monoamine Oxidase Inhibitor) or any other medication. Immediately discontinue use and consult your health care professional if you experience adverse reaction to this product. Do not exceed recommended serving. Do not use if safety seal is broken or missing. Keep out of reach of children:

## DIRECTIONS:

Take 1 scoop (3200 mg) 30-60 minutes before your workout. For best results, take an additional serving after your workout. Take 1 scoop in the morning and an additional scoop 6-8 hours later on your non-training days. Any tingling (paresthesia) of the skin while using Beta-Alanine is normal and may subside after continuous use.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.







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## BETA ALANINE

ENDURE \* • SUSTAIN \* • PERFORM \*

56 SERVINGS • 6.3 OZ / 180 G

DIETARY SUPPLEMENT UNFLAVORED

## Supplement Facts

Serving Size: 1 Scoop (3.2 g) Servings Per Container: 56

\*\*Daily Value not established.

Street Land	Amount Per Serving	% Daily Value
Beta-Alanine	3.2 g	1

Manufactured in a U.S. cGMP-Facility.
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