

Suggested use: 1 capsule daily preferably with a meal or as directed by a healthcare professional.

Caution: Do not exceed recommended dose. Pregnant or nursing mothers, children under 18 and individuals with a known medical condition should consult a physician before using this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

supplement
spot®

DIM Complex

Estrogen Metabolism Support

Dietary Supplement
60 Capsules

Supplement Facts

Serving Size: 1 Vegetable Capsule
Servings Per Container: 60

Amount Per Serving	% Daily Value
DIM (Di-Indolyl Methane)	150 mg *
BioPerine® (black pepper fruit extract)	5 mg *
Broccoli 4:1 Extract (florets)	50 mg *
Calcium D-Glucarate	50 mg *

*Daily Value not established.

Other Ingredients: Rice flour, hydroxypropyl, methylcellulose, vegetable magnesium stearate, silicon dioxide and titanium dioxide.

BioPerine® is a registered trademark of the Sabinsa Corporation.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

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