

Directions: Take 2 scoops, per day, mixed in 8-16 ounces of liquid with whole food meals. Take this product daily. The Triad + Greens™ should be used in conjunction with Controlled Labs products, with an adequate amount of exercise per day, and a high protein/moderate carbohydrate diet. For more details on optimizing your results, please see www.ControlledLabs.com.

Keep out of the reach of children and pets.
Do not purchase if safety seal is broken.

These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Report a serious adverse event or obtain product information regarding this dietary supplement, please call (201) 735-7144

Distributed by: **Controlled Labs • White Plains, NY, 10605**
www.ControlledLabs.com



Warnings: Before ingesting this product you should consult your doctor if you are not aware of your current health status or if you have any medical condition including, but not limited to: diabetes, high or low blood pressure, cardiac arrhythmias, stroke; diseases of the heart, kidneys, liver or thyroid gland; anxiety, history of seizures, depression, any psychiatric ailment, pernicious anemia or other blood disorders, prostate enlargement. This product is intended for adults 18-50 years of age only. **WARNING:** Consuming this product can expose you to chemicals including [Lead], which are known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food. Do not take this product if you are pregnant or nursing. Do not consume with less than the recommended amount of water or if you are prone to dehydration or are subjected to extremely hot temperatures. Do not take this product with any drugs without permission from your prescribing doctor.



CONTROLLED LABS™

DIETARY SUPPLEMENT | Net Wt. (14.37oz.) 407g



Multi-Vitamin, Joint, Digestion, Immune + Greens Formula*

Orange Flavor Naturally Flavored



30 SERVINGS

Supplement Facts

Serving size: 13.91 grams (approx. 2 scoops)
Servings per container: about 30

	Amount Per Serving	%DV†
Vitamin A (as beta carotene & alpha carotene)	1500 mcg RAE	167%
Vitamin C (ascorbic acid)	600 mg	667%
Vitamin D (as cholecalciferol)	50 mcg	250%
Vitamin E (as d-alpha tocopheryl succinate and mixed tocopherols)	13.4 mg	89%
Thiamine (as thiamine hydrochloride)	30 mg	2,500%
Riboflavin	30 mg	2,308%
Niacin (as inositol hexanicotinate)	100 mg	625%
Vitamin B6 (as pyridoxine hydrochloride)	30 mg	1,765%
Folate	666.66 mcg DFE (400 mcg Folic Acid)	167%
Vitamin B12 (as methylcobalamin)	600 mcg	25,000%
Biotin	300 mcg	1,000%
Pantothenic Acid (as calcium-d-pantothenate)	100 mg	2,000%
Calcium (as calcium citrate, dicalcium phosphate, calcium d-glucarate)	150 mg	12%
Phosphorus (as dicalcium phosphate)	60 mg	5%
Iodine (as potassium iodide)	225 mcg	150%
Magnesium (as magnesium amino acid chelate)	100 mg	24%
Zinc (as zinc citrate)	30 mg	273%
Selenium (as selenium amino acid chelate)	100 mcg	182%
Copper (as copper amino acid chelate)	0.5 mg	56%
Manganese (as manganese amino acid chelate)	3 mg	130%
Chromium (as chromium amino acid chelate)	25 mcg	71%
Molybdenum (as molybdenum amino acid chelate)	50 mcg	111%
Potassium (as Potassium Chloride)	50 mg	1%
Joint Complex	2 g	**
Glucosamine sulfate sodium salt, chondroitin sulfate (bovine)		
Flex Complex	1.55 g	**
MSM (methylsulfonylmethane), bromelain, maltodextrin, hyaluronic acid		

Digestion & Immune Complex	1.27 g	**
Echinacea purpurea herb powder, ginger root extract, L-alpha Lipoic acid, Japanese knotweed root extract, bilberry fruit Powder, blueberry fruit extract, pomegranate fruit extract, grape Seed extract, raspberry fruit powder, lycopene, lutein		
Cardiovascular Complex	1.06 g	**
Beet root powder, carrot root powder, spinach leaf powder, Cauliflower floret powder, broccoli head powder, collards Leaf powder, parsley leaf powder		
Soy lecithin powder	900 mg	**
Barley grass powder	750 mg	**
Oat bran powder	750 mg	**
Antioxidant Fruit & Vegetable Blend	390 mg	**
Dextrose, banana fruit powder, raspberry fruit powder, sweet Cherry fruit powder, strawberry fruit powder, pomegranate fruit Powder, blueberry fruit powder, cabbage palm fruit powder, Cranberry fruit powder, mangosteen fruit powder		
Stevia leaf extract	280 mg	**
Chlorella powder	250 mg	**
Organic spirulina powder	250 mg	**
Apple fruit powder	125 mg	**
Brown rice bran powder	100 mg	**
Barley seed malt powder	100 mg	**
Enzyme Blend Complex	100 mg	**
Maltodextrin, inulin, bromelain, papain, protease, amylase, Lipase, cellulase, lactase		
Prebiotic & Probiotic Blend Complex	100 mg	**
Inulin, Lactobacillus acidophilus, Bifidobacterium longum, Lactobacillus casei, Lactobacillus rhamnosus		
Quercetin dihydrate	51 mg	**
Wheat grass extract	50 mg	**
Wheat sprout powder	50 mg	**
Dulse powder	50 mg	**
Green tea leaf extract	50 mg	**
Milk thistle seed extract	38 mg	**
Bee pollen powder	25 mg	**
Royal jelly powder	25 mg	**
Japanese knotweed root extract	25 mg	**
Suma root powder	25 mg	**

Prebiotic & Probiotic Blend Complex	100 mg	**
Inulin, Lactobacillus acidophilus, Bifidobacterium longum, Lactobacillus casei, Lactobacillus rhamnosus		
Quercetin dihydrate	51 mg	**
Wheat grass extract	50 mg	**
Wheat sprout powder	50 mg	**
Dulse powder	50 mg	**
Green tea leaf extract	50 mg	**
Milk thistle seed extract	38 mg	**
Bee pollen powder	25 mg	**
Royal jelly powder	25 mg	**
Japanese knotweed root extract	25 mg	**
Suma root powder	25 mg	**
Aloe leaf powder	25 mg	**
Turmeric root extract	25 mg	**
Acerola berry powder	13 mg	**
Eleuthero root powder	13 mg	**
Ginkgo leaf powder	13 mg	**
Bilberry fruit powder	13 mg	**
Vitis labrusca fruit powder	13 mg	**
Cassia bark powder	13 mg	**
Kelp powder	8 mg	**
Boron (as boron citrate)	500 mcg	**
Vitamin K (as menaquinone 7)	120 mcg	**
Vanadium (as vanadium citrate)	10 mcg	**
† Percent Daily Values (DV) are based on a 2,000 calorie diet		
** Daily Value not established.		

Other Ingredients: citric acid, natural flavors
Contains: Shellfish (Shrimp, Crab &/or Lobster), Soy, Wheat, Tree Nuts (Ginkgo Nut)
Allergen Warning: Manufactured on equipment which processes products containing milk, egg, wheat, soy, shellfish, fish, tree nuts, peanuts, and sesame.
MANUFACTURED IN THE USA FROM DOMESTIC & IMPORTED INGREDIENTS