Directions: Take 1 scoop mixed in 8-10 ounces of cold water. Take this product daily as a hydration aid. Consume adequate water daily. For more details on optimizing your results, please see www.ControlledLabs.com.

Warnings: Before ingesting this product, consult a qualified health professional if you are not aware of your current health status, taking prescription or over the counter medications, or if you have any medical condition including, but not limited to; diabetes. high or low blood pressure, cardiac arrhythmias, stroke; diseases of the heart, kidneys, liver or thyroid gland; anxiety, history of seizures, depression, any psychiatric ailment, prostate enlargement, pernicious anemia or other blood disorders. This product is intended for adults 18-50 years of age only. WARNING: Consuming this product can expose you to chemicals including [Lead], which are known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food.

Keep out of the reach of children and pets. Do not purchase if safety seal is broken.

\*These statements have not been evaluated by the Food & Drug Administration.

This product is not intended to diagnose, treat, cure or prevent any disease.

MADE IN A USA GMP FACILITY WITH DOMESTIC & IMPORTED INGREDIENTS



Hydration Matrix\*

SOUR GREEN APPLE Naturally Flavored



## GU DIETARY SUPPLEMENT | Net Wt. (11.6oz.) 330g SERVINGS

Servings Per Container; bu		١
Amount	Amount Per Serving	%
Vitamin A (as Beta-Carotene)	1000 mcg RAE	=======================================
Vitamin C (Ascorbic Acid)	65 mg	72
Nacin (as Nacinamide)	20 mg NE	125
Vitamin B6 (as Pyridoxine HCl)	2 mg	1
Vitamin B12 (as Methylcobalamin)	5 mcg	208
Pantothenic Acid (as Calcium D-Pantothenate)	7 mg	14(
Calcium (as Dicalcium Phosphate)	100 mg	_
Phosphorus (from Dicalcium Phosphate)	80 mg	
Magnesium (as Magnesium Oxide)	10 mg	
Sodium (as Sodium Citrate)	350 mg	-
Potassium (as Potassium Citrate)	50 mg	
Taurine	500 mg	
Coconut Fruit Water, Powdered	500 mg	
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