

Directions: Combine 1 serving of Green MAGnitude™ with 6-8 oz. of water for a sweet/tart taste or 12-20 oz. of water for a more mild taste. Consume the entire shake pre-workout or half pre-workout and half post-workout. Take 1 serving on off days. Shake well before drinking. For best results, Green MAGnitude™ should be used in combination with other Controlled Labs products, an adequate amount of water and a balanced diet. For more details on optimizing your results, please see www.ControlledLabs.com

Warnings: Before ingesting this product you should consult your doctor if you are not aware of your current health status or if you have any medical condition including but not limited to: diabetes, high or low blood pressure, cardiac arrhythmias, stroke; diseases of the heart, kidneys, liver or thyroid gland; anxiety, history of seizures, depression, any psychiatric ailment, pernicious anemia or other blood disorders, prostate enlargement. This product is intended for adults 18-50 years of age only. **WARNING:** Consuming this product can expose you to chemicals including [Lead], which are known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food. Do not take this product if you are pregnant or nursing. Do not consume with less than the recommended amount of water or if you are prone to dehydration or are subjected to extremely hot temperatures. Do not take this product with any drugs without permission from your prescribing doctor.

Keep out of the reach of children and pets.
Do not purchase if safety seal is broken.

* These statements have not been evaluated by the Food & Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.



CONTROLLED
LABS™

DIETARY SUPPLEMENT | Net Wt. (11.8oz.) 336g



GREEN MAGNITUDE™

Creatine
Matrix
Volumizer*

Sour Green Apple
Naturally & Artificially Flavored



30
SERVINGS

Supplement Facts

Serving size: 1 scoop (11.19 grams)
Servings per container: about 30

Amount Per Serving		
Calcium (from calcium silicate)	40 mg	3%
Magnesium (as magnesium creatine chelate)	40 mg	10%
Green Creatine Matrix	5 g	**
Dcreatine malate complex (creatine monohydrate and malic acid), Magnesium creatine chelate		
Betaine anhydrous	2 g	**
L-taurine	2 g	**
L-tyrosine	500 mg	**
Percent Daily Values (DV) are based on a 2,000 calorie diet		
** Daily Value not established.		

Other Ingredients: natural and artificial flavor, silicon dioxide, acesulfame potassium, sucralose, calcium silicate, fd&c blue #1 and fd&c yellow #5
Creatine MagnaPower™ is a registered trademark of Albion Laboratories, Inc., covered by U.S. Patent 6,114,379 and patents pending.
Contains Bioengineered Food Ingredients.

Distributed by:
Controlled Labs • White Plains, NY, 10605
www.ControlledLabs.com

**MANUFACTURED IN THE
USA FROM DOMESTIC &
IMPORTED INGREDIENTS**

Allergen Warning: Manufactured on equipment which processes products containing milk, egg, wheat, soy, shellfish, fish, tree nuts, peanuts, and sesame.
To report a serious adverse event or obtain product information regarding this dietary supplement, please call (201) 735-7144