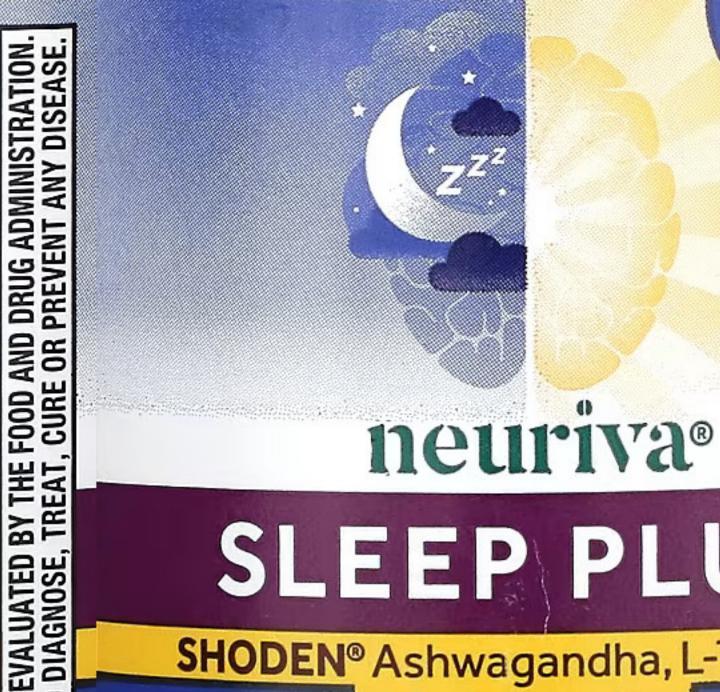
‡For occasional sleeplessness. Seek advice from your healthcare professional if you are experiencing long-term sleep difficulties. Avoid alcohol and do not drive or operate machinery while taking melatonin.

KEEP OUT OF REACH OF CHILDREN.

Protected with a tamper evident seal. Do not use if seal under cap is broken or missing. Store in a cool, dry place with lid tightly closed.

SHODEN® is a registered trademark of Arjuna Natural Pvt. Ltd





SLEEP PLUS

SHODEN® Ashwagandha, L-Theanine & Melatonin

BENEFITS

*THESE STATEMENTS HAVE NOT BEEN I

HELPS YOU:

- Relax from everyday stress*
- Fall asleep faster*
- Improve sleep quality*

Wake up feeling recharged*

DIRECTIONS: Adults 18 years and older, take two (2) capsules, 30 to 60 minutes before bedtime.

Supplement Facts

Serving Size 2 Capsules Servings Per Container 29

SLEEP &

STRESS SUPPORT*

		Amount Per Serving	% Daily Value
	Total Carbohydrate	<1 g	<1%*
	Dietary Fiber	<1 g	3%*
	Ashwagandha Extract (Withania somnifera) (roots a leaves) (35% withanolide glyco	120 mg nd osides)	†
	L-theanine	200 mg	+

*Percent Daily Values are based on a 2,000 calorie diet. †Daily Value not established.

Other Ingredients: microcrystalline cellulose, hypromellose, magnesium stearate, silicon dioxide

1 mg

Distributed by:

Melatonin

RB Health (US) LLC Parsippany, NJ 07054-0224

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For information call: 1-800-526-6251

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