

Protected with a tamper evident seal. Do not use if seal under cap is broken or missing.

Store in a cool, dry place with lid tightly closed.

Chondroitin Sulfate is derived from bovine, porcine, and/or avian sources.

Movement is essential for our well-being.

With clinically tested ingredients, **Move Free**® offers a range of options to help you move better. Because when you **Move Freely**, you live freely.

Glucosamine

Glucosamine is key for the formation of cartilage, an essential building block of your joints. Glucosamine also supports the **strength, mobility** and **flexibility** you want in everyday life.★

Uniflex® (FruiteX-B® Calcium Fructoborate)

Uniflex is a clinically tested mineral complex that supports joint **comfort** in as little as 2 weeks. It also contains boron, which helps support **bone** health.★

Methylsulfonylmethane (MSM)

MSM is a source of sulfur found in the body that is important in the formation of collagen in joints. Collagen is a vital part of your joints because it supports the structure of cartilage.★

OptiMSM™

OptiMSM, the MSM in this product, is a registered trademark of Bergstrom Nutrition.

FruiteX-B®

FruiteX-B® is a trademark of VDF FutureCeuticals, Inc. Pat fcpatent.com

★ THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



ADVANCED

SUPPORTS
5 SIGNS OF
JOINT HEALTH★

MOBILITY · COMFORT · STRENGTH
FLEXIBILITY · BONE

PLUS: Extra Cartilage Support★

MSM

with Glucosamine

120 COATED TABLETS

DIETARY SUPPLEMENT



Schiff

DIRECTIONS: Adults take three (3) tablets once a day with a meal **OR** one (1) tablet three times daily with meals.

Supplement Facts

Serving Size 3 Tablets

Servings Per Container 40

	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	2 g	<1%*
Sodium	20 mg	1%
Glucosamine Hydrochloride	1500 mg	†
Chondroitin Sulfate	200 mg	†
Hyaluronic Acid	3.3 mg	†
Calcium Fructoborate	216 mg	†
MSM (Methylsulfonylmethane)	1500 mg	†

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: microcrystalline cellulose, coating (hydroxypropyl methylcellulose, modified corn starch, titanium dioxide, polyethylene glycol, glycerin, magnesium silicate), magnesium stearate

CONTAINS SHELLFISH (SHRIMP, CRAB, LOBSTER, AND CRAYFISH).

Distributed by: RB Health (US), LLC, Parsippany, NJ 07054-0224

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For information call: 1-800-526-6251

www.movefree.com

KEEP OUT OF REACH OF CHILDREN.

Not for use by pregnant or breastfeeding women. If on prescribed medication, consult your physician before use. Not suitable for use by anyone under the age of 18 years old.

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