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product info



06/2024
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Read the entire label and follow the directions carefully prior to use.

DIRECTIONS: Take two (2) capsules daily for individuals weighing up to 160 lbs., and for those weighing over 160 lbs., take three (3) to four (4) capsules daily, or as recommended by a healthcare practitioner.

CAUTION: Consult your healthcare practitioner before taking this product if you have a thyroid condition, high blood calcium levels, or hormone-sensitive cancers. Individuals consuming more than 50 mcg (2,000 IU)/day of vitamin D (from diet and supplements) should periodically obtain a serum 25-hydroxy vitamin D measurement.

Store tightly closed in a cool, dry place.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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LIFE EXTENSION®

Breast Health Formula



GLUTEN FREE



Helps Maintain Optimal Breast Health*

60 CAPSULES | DIETARY
SUPPLEMENT

Supplement Facts

Serving Size 2 Capsules • Servings Per Container 30

Amount Per Serving	% Daily Value	
Vitamin D3 (as cholecalciferol)	25 mcg	125%
Calcium (as calcium D-glucarate)	16.5 mg	1%
Iodine (as potassium iodide)	2 mg	1333%
Proprietary Cruciferous Vegetable Blend	550 mg	**
Broccoli super concentrate extract (seed and plant) [providing glucosinolates]; watercress 4:1 extract (whole herb); wasabi powder (rhizome)		
I3C (Indole-3-carbinol)	100 mg	**
Proprietary Enterolactone Precursors Blend	65 mg	**
Flax lignan extract (seed) [providing secoisolariciresinol diglucoside (SDG)]; HMRlignan™ Norway spruce (<i>Picea abies</i>) lignan extract (knot wood) [std. to 90% hydroxymatairesinol potassium acetate]		
Isoflavones (from Novasoy® soy isoflavone concentrate)	35 mg	**
DIM (3,3'-diindolylmethane)	14 mg	**

**Daily Values not established.

Other ingredients: vegetable cellulose (capsule), microcrystalline cellulose, stearic acid, corn starch, maltodextrin, silica.

Contains soybeans.

Manufactured for: Quality Supplements and Vitamins, Inc.
Ft. Lauderdale, FL 33309 • LifeExtension.com
To report a serious adverse event or obtain product information, contact 1-866-280-2852.