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Read the entire label and follow the directions carefully prior to use.

**DIRECTIONS:** Take one (1) capsule four times daily, or as recommended by a healthcare practitioner.

Store tightly closed in a cool, dry place.

**WARNINGS:**

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.



**LIFE  
EXTENSION®**

**Benfotiamine**  
**100 mg**  
**with Thiamine**



GLUTEN FREE



**Fat & Water Soluble Vitamin B1**

**120** VEGETARIAN CAPSULES | **DIETARY SUPPLEMENT**

**Supplement Facts**

Serving Size 1 Vegetarian Capsule

Amount Per Serving	% Daily Value	
Thiamine (vitamin B1) (as thiamine HCl)	25 mg	2083%
Benfotiamine	100 mg	**

\*\*Daily Value not established.

**Other ingredients:** microcrystalline cellulose, vegetable cellulose (capsule), silica, vegetable stearate.

Manufactured for:  
**Quality Supplements and Vitamins, Inc.**  
Ft. Lauderdale, FL 33309  
LifeExtension.com

To report a serious adverse event or obtain product information, contact 1-866-280-2852.