Scan for product info

**DIRECTIONS:** Dissolve in mouth or chew one (1) lozenge one to four times daily, or as recommended by a healthcare practitioner. WARNINGS:

or damaged.

Read the entire label and follow the directions carefully prior to use.

 KEEP OUT OF REACH OF CHILDREN. DO NOT EXCEED RECOMMENDED DOSE.

Do not purchase if outer seal is broken

When using nutritional supplements,

please consult with your physician

if you are undergoing treatment for

a medical condition or if you are

pregnant or lactating.

10/2022

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LIFE EXTENSION

## Vitamin B12

Methylcobalamin 500 mcg



NON GMO

**Essential B Vitamin** 

VEGETARIAN DIFTARY SUPPLEMENT

## Supplement Facts

Serving Size 1 Vegetarian Lozenge

(as methylcobalamin)

Amount Per Serving % Daily Value Vitamin B12 500 mca 20833%

Other ingredients: mannitol, sorbitol, microcrystalline cellulose, vegetable stearate, croscarmellose sodium, natural strawberry flavor.

Manufactured for: Quality Supplements and Vitamins, Inc.

Ft. Lauderdale, FL 33309 LifeExtension.com To report a serious adverse event or obtain product

information, contact 1-866-280-2852.

Store tightly closed in a cool, dry place.