

Keep out of reach of children. Do not use if safety seal is damaged or missing. Store in a cool, dry place.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

RELAXATION & SLEEP FORMULA*

SLEEP WELL, WAKE RESTED*

SUGGESTED USE: For best results, take 2 capsules with water 30-60 minutes before bedtime, or as directed by your healthcare professional.

CAUTION: Pregnant or nursing mothers, children under the age of 18, or individuals with a known medical condition should consult a physician before using this or any dietary supplement.



Hollis Nutrition



SLEEP FAIRY™

NATURAL SLEEP AID*

DIETARY SUPPLEMENT
60 VEGGIE CAPSULES

SUPPLEMENT FACTS

Serving Size: 2 Vegetable Capsules
Servings Per Container: 30

	Amount Per Serving	%DV
Magnesium (as Magnesium Bisglycinate Chelate) (TRAACS®)	20 mg	5%
Valerian Root Extract	200 mg	**
L-Theanine	200 mg	**
GABA (gamma-aminobutyric acid)	200 mg	**
5-HTP (5-Hydroxytryptophan) (from Griffonia simplicifolia seed extract)	100 mg	**
Chamomile Flower Extract	100 mg	**
Magnolia Bark Extract	100 mg	**
Melatonin	5 mg	**

**Daily Value (DV) not established

Other Ingredients:
Vegetable Capsule (Hypromellose), Organic Rice Bran Powder
TRAACS® is a registered trademark of Albion Laboratories, Inc.
U.S. Patent 7,838,042.

VEGAN NON-GMO SOY-FREE GLUTEN-FREE
STEARATE-FREE DRUG-FREE

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