

BLUEPRINT

B R Y A N J O H N S O N

ESSENTIAL
SOFTGEL

DIETARY SUPPLEMENT • 30 VEGGIE SOFTGELS

Supplement Facts

Serving Size 1 Veggie Softgel

Servings Per Container 30

	Amount Per Serving	% Daily Value
Vitamin K1 (as Phytonadione)	1500 mcg	1250%
Lutein (from Marigold Flower Extract)	15 mg	†
Lycopene	15 mg	†
Astaxanthin (from <i>Haematococcus pluvialis</i> Microalgae)	12 mg	†
Vitamin K2 MK4 (as Menaquinone-4)	5 mg	†
Zeaxanthin (from Marigold Flower Extract)	3 mg	†
Vitamin K2 MK7 (as Menaquinone-7)	600 mcg	†

† Daily Value not established