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To assure optimal extraction of Stinging Nettle's bioactive compounds, the plants are hand-harvested in early spring, carefully shade-dried and then thoroughly extracted.

We prepare our Stinging Nettle Glycerite from 202 spring-harvested *Urtica dioica* plants which are **Certified Organically Grown** without the use of chemical fertilizers, pesticides or herbicides.

HERBAL GLYCERITE EXTRACT

STINGING NETTLE

Urtica dioica

Spring-Harvested Herb

ALCOHOL-FREE



HERBAL SUPPLEMENT

1 fluid ounce (29.6 ml)

Stinging Nettle Glycerite

Ingredients: vegetable glycerine, distilled water & Stinging Nettle extractives.

Dried herb / menstruum ratio: 1 : 6.4

SUGGESTED USE

SHAKE WELL BEFORE USING

Three to four times per day
take 30 to 40 drops in a little water.

CONTAINS NO ALCOHOL

Keep Out of the Reach of Children

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