

Supplement Facts

Serving Size 2 Gummies
Servings per Container 15

Amount per Serving		% DV†
Calories	25	
Total Carbohydrate	6 g	2%†
Total Sugars	4 g	**
Includes 4 g Added Sugars		8%†
Vitamin C (ascorbic acid)	50 mg	56%
Zinc (as zinc citrate)	7.5 mg	68%
Sodium	15 mg	1%

Amount per Serving		% DV†
L-Theanine	100 mg	**
Black Elder (<i>Sambucus nigra</i> L.) Extract (berry standardized to anthocyanins from 3,200 mg of premium cultivar elderberries)	50 mg	**
Lemon Balm (leaf) Extract	10 mg	**
Passionflower (leaf, flower) Extract	10 mg	**
Melatonin	3 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

Other ingredients: organic tapioca syrup, organic cane sugar, purified water, natural flavors, pectin, citric acid, sodium citrate

Keep out of reach of children. Do not use if safety seal under child-resistant cap is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

GLUTEN FREE. No wheat, soy, egg, peanut, dairy, gelatin, or artificial colors.

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Green Bay, WI 54311 USA / Bottled and tested in the USA
Questions? 1-800-962-8873 / naturesway.com



BOTTLE MADE FROM
50% POST-CONSUMER
RECYCLED PLASTIC



Sleep and Immune Support*

With melatonin, vitamin C, and zinc

- Melatonin to help with occasional sleeplessness*
- Traditional herbal blend of elderberry, lemon balm, and passionflower extracts, with L-theanine
- Excellent source of vitamin C and zinc to support healthy immune function*
- Black elderberry extract with anthocyanins for antioxidant support*

RECOMMENDATION: Adults chew 2 gummies 30-60 minutes before bedtime. Not formulated for children. Take only as directed. Do not exceed recommended dose.

WARNING: Do not use if you are pregnant, attempting to become pregnant, or nursing. If you have a medical condition (including depression, dementia, diabetes, autoimmune, endocrine, blood clotting, or seizure disorder), or if you are taking any medications, consult a healthcare professional before use. This product may cause drowsiness; do not drive or operate machinery while taking this product. Avoid alcohol and other sedatives while taking this product. For occasional sleeplessness only, if you are experiencing long-term sleep difficulties, consult a healthcare professional.



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*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Nature's
Way

sambucus®

SLEEP & IMMUNE*
ELDERBERRY GUMMY

with Melatonin,
Vitamin C & Zinc

WITH
**PLANT-
BASED
PECTIN**

30 GUMMIES - DIETARY SUPPLEMENT