

Amount per Serving	% DV**
Taurine	200 mcg **
Alpha Lipoic Acid	100 mcg **
Lutein (from Aztec Marigold [flower] Extract)	500 mcg **

**Daily Value (DV) not established.

Other ingredients: cellulose, stearic acid, hydroxypropyl cellulose, silica, hypromellose, magnesium stearate, gelatin, glycerin

Warning: Do not take if you are pregnant or nursing. If you are taking any medications, consult a healthcare professional before use. Individuals with diabetes should monitor blood glucose levels closely while taking this product. Niacin may cause temporary flushing, itching, or rash. While this is often a normal reaction in some individuals, discontinue use and consult a healthcare professional if you experience any discomfort.

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

◆ LH60038.F01 BLK8587F

GLUTEN FREE. No wheat, dairy, or artificial colors.

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Green Bay, WI 54311 USA
Bottled and tested in the USA

Questions? 1-800-962-8873 / naturesway.com



*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



ALPHA BETIC®

With High Potency B-Vitamins
for Cellular Energy Support*

Daily Nutritional Support
for People with Diabetes

Once Daily

30 TABLETS - MULTIVITAMIN SUPPLEMENT

Recommendation: Adults take 1 tablet in the morning, preferably with food. Not formulated for children. Do not exceed recommended dose.

Supplement Facts

Serving Size 1 Tablet

Amount per Serving	% DV**
Vitamin A (as retinyl acetate)	1,500 mcg 167%
Vitamin C (ascorbic acid)	120 mg 133%
Vitamin D3 (as cholecalciferol)	10 mcg 50%
Vitamin E (as d-alpha tocopheryl succinate)	40.2 mg 268%
Thiamin (as thiamin HCl)	30 mg 2,500%
Riboflavin	30 mg 2,308%
Niacin	32 mg 200%
Vitamin B6 (as pyridoxine HCl)	21 mg 1,235%
Folate	400 mcg DFE 100%
	(240 mcg Folic Acid)
Vitamin B12 (as cyanocobalamin)	150 mcg 6,250%
Biotin	300 mcg 1,000%
Pantothenic Acid (as D-calcium pantothenate)	20 mg 400%
Magnesium (as magnesium oxide)	150 mg 36%
Zinc (as zinc gluconate)	10 mg 91%
Selenium (as L-selenomethionine)	70 mcg 127%
Copper (as copper gluconate)	2 mg 222%
Manganese (as manganese citrate)	5 mg 217%
Potassium (as potassium chloride)	75 mg 2%



BLK8587F
LH60038.F01

ALPHA BETIC®

Daily nutritional support
for people with diabetes

- High potency multivitamin with 200% Daily Value or more of 10 vitamins and minerals per serving
- High potency antioxidant vitamins C, E, and selenium per serving
- Alpha lipoic acid plus an excellent source of magnesium per serving
- Made with the quality you trust

ALPHA BETIC®

With high potency B-vitamins
for cellular energy support*

- Helps convert food to fuel*
- Supports cardiovascular function*
- Promotes a healthy immune system*
- Delivers antioxidant support*
- Supports healthy eye function*

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