

Get the Most from Your Multi

Plant-based pectin gummies with 16 vitamins and minerals



With a Superfood Antioxidant[‡] powder blend (50 mg per 2-gummy serving)



Full B-vitamin complex to support energy metabolism*



Supports hair, skin, and nails, and immune, heart, and muscle function*



Mixed berry flavored

Explore more products at [NATURESWAY.COM](https://naturesway.com)

FREE FROM gluten, wheat, egg, peanut, dairy, and gelatin.

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

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Green Bay, WI 54311 USA
Bottled and tested in the USA
Questions? 1-800-962-8873 / naturesway.com

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BOTTLE MADE FROM 50% POST-CONSUMER RECYCLED PLASTIC

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

NEW & IMPROVED



Alive!

WOMEN'S GUMMY MULTIVITAMIN

WITH SUPERFOOD ANTIOXIDANTS[‡]

*10 mg polyphenols per 2-gummy serving



150 GUMMIES - MULTIVITAMIN SUPPLEMENT

Recommendation: Women chew 2 gummies daily. Not formulated for men or children. Do not exceed recommended dose. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts			Amount per Serving	% DV†
Serving Size 2 Gummies			Vitamin B12 (as cyanocobalamin)	3.6 mcg 150%
Servings per Container 75			Biotin	37.5 mcg 125%
Amount per Serving		% DV†	Pantothenic Acid (as D-calcium pantothenate)	1.3 mg 26%
Calories	20		Calcium (as tribasic calcium phosphate)	100 mg 8%
Total Carbohydrate	5 g	2%†	Phosphorus (as tribasic calcium phosphate)	45 mg 4%
Total Sugars	4 g	**	Iodine (as potassium iodide)	150 mcg 100%
Includes 4 g Added Sugars		8%†	Zinc (as zinc citrate)	1.9 mg 17%
Vitamin A (as 80% retinyl palmitate, 20% beta-carotene)	450 mcg	50%	Sodium	20 mg 1%
Vitamin C (ascorbic acid)	30 mg	33%	Superfood Antioxidant† Powder Blend with 10 mg Polyphenols: Carrot, Pomegranate Extract, Blueberry, Spinach, Apple Extract	50 mg **
Vitamin D3 (as cholecalciferol)	40 mcg	200%	Boron (as sodium borate)	150 mcg **
Vitamin E (as dl-alpha tocopheryl acetate)	15 mg	100%	Inositol	40 mcg **
Thiamin (as thiamin HCl)	0.3 mg	25%	†Percent Daily Values (DV) are based on a 2,000 calorie diet.	
Riboflavin	0.325 mg	25%	**Daily Value not established.	
Niacin (as niacinamide)	4 mg	25%		
Vitamin B6 (as pyridoxine HCl)	2.6 mg	153%		
Folate	400 mcg DFE (240 mcg Folic Acid)	100%		

Other ingredients: sucrose, glucose syrup, purified water, pectin, natural flavors, citric acid, sodium citrate, vegetable and fruit juice colors