

Get the Most from Your Multi

Plant-based pectin gummies with
16 vitamins and minerals



With a Superfood Antioxidant[‡] powder blend
(50 mg per 2-gummy serving)



Full B-vitamin complex to support
energy metabolism*



Supports hair, skin, and nails, and immune,
heart, and muscle function*



Mixed berry flavored

Explore more products at [NATURESWAY.COM](https://naturesway.com)

FREE FROM gluten, wheat, egg, peanut, dairy, and gelatin.

Keep out of reach of children. Safety sealed with inner seal.
Do not use if seal is broken or missing. Keep tightly closed.
Store at room temperature. Avoid excessive heat and
direct sunlight.

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Green Bay, WI 54311 USA
Bottled and tested in the USA

Questions? 1-800-962-8873 / naturesway.com

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BOTTLE MADE FROM
50% POST-CONSUMER
RECYCLED PLASTIC

**NEW &
IMPROVED**



Alive!

WOMEN'S GUMMY MULTIVITAMIN

WITH
**SUPERFOOD
ANTIOXIDANTS[‡]**

*10 mg polyphenols per
2-gummy serving

130 GUMMIES - MULTIVITAMIN SUPPLEMENT



Recommendation: Women chew 2 gummies daily. Not formulated for men or children. Do not exceed recommended dose. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 2 Gummies
Servings per Container 65

Amount per Serving	% DV†
Calories	20
Total Carbohydrate	5 g 2%†
Total Sugars	4 g **
Includes 4 g Added Sugars	8%†
Vitamin A (as 80% retinyl palmitate, 20% beta-carotene)	450 mcg 50%
Vitamin C (ascorbic acid)	30 mg 33%
Vitamin D3 (as cholecalciferol)	40 mcg 200%
Vitamin E (as dl-alpha tocopheryl acetate)	15 mg 100%
Thiamin (as thiamin HCl)	0.3 mg 25%
Riboflavin	0.325 mg 25%
Niacin (as niacinamide)	4 mg 25%
Vitamin B6 (as pyridoxine HCl)	2.6 mg 153%
Folate	400 mcg DFE 100% (240 mcg Folic Acid)

Amount per Serving	% DV†
Vitamin B12 (as cyanocobalamin)	3.6 mcg 150%
Biotin	37.5 mcg 125%
Pantothenic Acid (as D-calcium pantothenate)	1.3 mg 26%
Calcium (as tribasic calcium phosphate)	100 mg 8%
Phosphorus (as tribasic calcium phosphate)	45 mg 4%
Iodine (as potassium iodide)	150 mcg 100%
Zinc (as zinc citrate)	1.9 mg 17%
Sodium	20 mg 1%
Superfood Antioxidant [‡] Powder Blend with 10 mg Polyphenols: Carrot, Pomegranate Extract, Blueberry, Spinach, Apple Extract	50 mg **
Boron (as sodium borate)	150 mcg **
Inositol	40 mcg **

†Percent Daily Values (DV) are based on a
2,000 calorie diet.

**Daily Value not established.

Other ingredients: sucrose, glucose syrup, purified water, pectin, natural flavors, citric acid,
sodium citrate, vegetable and fruit juice colors