

Get the Most from Your Multi

Plant-based pectin gummies with 16 vitamins and minerals



With a Superfood Antioxidant[‡] powder blend (50 mg per 2-gummy serving)



Full B-vitamin complex to support energy metabolism*



Supports heart, bone, brain, and immune health*



Mixed berry flavored

Explore more products at [NATURESWAY.COM](https://naturesway.com)

FREE FROM gluten, wheat, egg, peanut, dairy, and gelatin.

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

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Green Bay, WI 54311 USA

Bottled and tested in the USA

Questions? 1-800-962-8873 / naturesway.com

◆ LH15904.J01 BGM8799J



BOTTLE MADE FROM
50% POST-CONSUMER
RECYCLED PLASTIC

**NEW &
IMPROVED**



Alive!

WOMEN'S 50+ MULTIVITAMIN GUMMY

WITH
**SUPERFOOD
ANTIOXIDANTS[‡]**

†10 mg polyphenols per
2-gummy serving



60 GUMMIES - MULTIVITAMIN SUPPLEMENT

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Recommendation: Women chew 2 gummies daily. Not formulated for men or children. Do not exceed recommended dose. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 2 Gummies
Servings per Container 30

Amount per Serving % DV†

Calories	20	
Total Carbohydrate	5 g	2%†
Total Sugars	4 g	**
Includes 4 g Added Sugars	8%†	
Vitamin A (as 80% retinyl palmitate, 20% beta-carotene)	450 mcg	50%
Vitamin C (ascorbic acid)	30 mg	33%
Vitamin D3 (as cholecalciferol)	40 mcg	200%
Vitamin E (as dl-alpha tocopheryl acetate)	15 mg	100%
Thiamin (as thiamin HCl)	0.3 mg	25%
Riboflavin	0.33 mg	25%
Niacin (as niacinamide)	4 mg	25%
Vitamin B6 (as pyridoxine HCl)	1.7 mg	100%
Folate	400 mcg DFE (240 mcg Folic Acid)	100%

Amount per Serving % DV†

Vitamin B12 (as cyanocobalamin)	4.8 mcg	200%
Biotin	30 mcg	100%
Pantothenic Acid (as D-calcium pantothenate)	1.3 mg	26%
Calcium (as tribasic calcium phosphate)	100 mg	8%
Phosphorus (as tribasic calcium phosphate)	45 mg	4%
Iodine (as potassium iodide)	150 mcg	100%
Zinc (as zinc citrate)	2.7 mg	25%
Sodium	15 mg	1%
Superfood Antioxidant [‡] Powder Blend with 10 mg Polyphenols: Carrot, Pomegranate Extract, Blueberry, Spinach, Apple Extract	50 mg	**
Lutein (from Aztec Marigold [flower] Extract)	300 mcg	**
Boron (as sodium borate)	150 mcg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

Other ingredients: sucrose, glucose syrup, purified water, pectin, citric acid, sodium citrate, natural flavors, vegetable and fruit juice colors