

◆ LH13940.D02 BLK8652D



BOTTLE MADE FROM
50% POST-CONSUMER
RECYCLED PLASTIC



FREE FROM gluten and artificial colors.

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.



**60 mg Orchard Fruits™
& Garden Veggies™**
powder blend per serving



**7 plant-based blends including
Daily Greens™, Mind & Body
Energy, and Cardio blends**



**Vitamins and minerals
to fill nutrient gaps**



**200% or more Daily Value of
12 vitamins and minerals,
including active form methyl B12**

**With 22 vitamins
and minerals**

***THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**

Once Daily

Alive!

MEN'S 50+

**Ultra
Multivitamin**

**Promotes Healthy
Brain, Eyes & Heart***

High Potency Complete
Multivitamin for Men 50+

150 TABLETS - MULTIVITAMIN SUPPLEMENT

Recommendation: Men take 1 tablet daily, preferably with food. Not formulated for women or children. Do not exceed recommended dose. **Warning:** Do not take if you are pregnant, nursing, or under the age of 18. If you have a blood clotting issue, or if you are taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 1 Tablet

Amount per Serving	% DV†
Total Carbohydrate	<1g
Vitamin A (as 50% [675 mcg] beta-carotene, 1,350 mcg 50% [675 mcg] retinyl acetate)	150%
Vitamin C (ascorbic acid)	203 mg 226%
Vitamin D3 (as cholecalciferol)	50 mcg 250%
Vitamin E (as d-alpha tocopheryl succinate)	15 mg 100%
Vitamin K (as phytanadione)	120 mcg 100%
Thiamin (as thiamin mononitrate)	20 mg 1.667%
Riboflavin	20 mg 1.538%
Niacin (as niacinamide)	40 mg 250%
Vitamin B6 (as pyridoxine HCl)	20 mg 1.767%
Folate	400 mcg DFE 100%
	(240 mcg Folic Acid)
Vitamin B12 (as methylcobalamin)	90 mcg 3,750%
Biotin	33 mcg 110%
Pantothenic Acid (as D-calcium pantothenate)	20 mg 400%
Choline (as choline bitartrate)	20 mg 4%
Calcium (as calcium carbonate, dicalcium phosphate)	130 mg 10%
Iodine (as potassium iodide)	150 mcg 100%
Magnesium (as magnesium oxide)	55 mg 13%
Zinc (as zinc oxide)	22 mg 200%
Selenium (as sodium selenate)	200 mcg 364%
Copper (as copper sulfate)	1.8 mg 200%
Manganese (as manganese sulfate)	5.8 mg 252%
Molybdenum (as sodium molybdate)	45 mcg 100%

Amount per Serving

Amount per Serving	% DV†
Men's Blend: Saw Palmetto (berry), Tomato	101 mg **
Orchard Fruits™ & Garden Veggies™ Powder Blend: Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Cherry, Pear, Tomato, Cauliflower, Raspberry, Acai, Asparagus, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Grape, Pea, Pineapple, Pumpkin, Spinach	60 mg **
Mind & Body Energy Blend: Asian Ginseng (root) Extract, Eleuthero (root), Ginkgo biloba (leaf) Extract, Gotu Kola (aerial parts), Rhodiola (root) Extract	30 mg **
Cardio Blend: Hawthorn (berry), Japanese Knotweed (root) Extract, Coenzyme Q10 (ubiquinone-10) grapefruit, lemon, lime, tangerine	20 mg **
Daily Greens™ Blend: Spirulina, Kelp, Barley (grass), Blessed Thistle (stem, leaf, flower), Blue-Green Algae (Aphanizomenon flos-aqueae), Chlorella, Cilantro (leaf), Dandelion (aerial parts), Lemon Balm (leaf), Lemon-grass (Cymbopogon citratus) (aerial parts), Nettle (Urtica spp.) (leaf), Plantain (leaf), Wheat (grass)	20 mg **
Inositol	20 mg **
Mushroom Mycelial & Primordia Biomass Defense Blend: Organic Reishi, Organic Shiitake, Organic Hiratake, Organic Enoki-take, Organic Maitake, Organic Yamabushitake, Organic Agarikon, Organic Chaga, Organic Himematsutake, Organic Kava-ratake (Farnesites versicolor), Organic Mesima, Organic Zhu Ling	20 mg **
Digestive Enzyme Blend: Betaine HCl, Bromelain, Papain	7 mg **
Rutin (from Sophora japonica [flower bud] Extract)	5 mg **
Lutein (from Aztec Marigold [flower] Extract)	1 mg **

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: cellulose, stearic acid, sodium croscarmellose, silica, magnesium stearate, hypromellose, gelatin, glycerin, brown rice

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Bottled and tested in the USA

Questions? 1-800-962-8873 / naturesway.com