Recommendation: Men take 1 tablet daily. preferably with food. Not formulated for women or children. Do not exceed recommended dose. Warning: Do not take if you are pregnant. nursing, or under the age of 18. If you have a blood clotting issue, or if you are taking any medications, consult a healthcare professional before use.

FREE FROM gluten and artificial colors.

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

Amount per Serving

Strawberry, Apple, Beet, Cherry, Pear, Tomato

Cauliflower, Raspberry, Acai, Asparagus, Banana,

Cucumber, Grape, Pea, Pineapple, Pumpkin, Spinach Mind & Body Energy Blend: Asian Ginseng (root) Extract,

Eleuthero (root), Ginkao biloba (leaf) Extract, Gotu Kola (aerial parts). Rhodiola (root) Extract Cardio Blend: Hawthorn (berry), Japanese Knotweed (root)

Blessed Thistle (stem, leaf, flower), Blue-Green Algae (Aphanizomenon flos-aquae), Chlorella, Cilantro (leaf).

Dandelion (aerial parts), Lemon Balm (leaf), Lemongrass (Cymbopogon citratus) (aerial parts). Nettle (Urtica spp.) (leaf), Plantain (leaf), Wheat (grass)

Broccoli, Brussels Sprout, Cabbage, Cranberry,

Extract, Coenzyme Q10 (ubiquinone-10) Citrus Bioflavonoid Complex (from orange, grapefruit,

Mushroom Mycelial & Primordia Biomass

lemon, lime, tangerine) Daily Greens™ Blend: Spirulina, Kelp, Barley (grass)



30 mg

20 mg

20 mg

20 mg

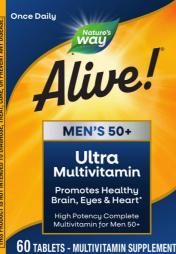
20 mg

20 mg

♦ LH15691.D02 BLK8652D

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% DV



Supplement Facts Amount per Serving % DV Blueberry, Orange, Carrot, Pomegranate, Plum, Serving Size 1 Tablet Strawberry, Apple, Beet, Cherry, Pear, Tomato. Cauliflower, Raspberry, Açaí, Asparagus, Banana, Amount per Serving % DV † Broccoli, Brussels Sprout, Cabbage, Cranberry, Total Carbohydrate <1 n Cucumber, Grape, Pea, Pineapple, Pumpkin, Spinach Vitamin A (as 50% [675 mcg] beta-carotene. 1.350 mca. 50% [675 mcg] retinyl acetate) Eleuthero (root), Ginkgo biloba (leaf) Extract, Gotu Kola Vitamin C (ascorbic acid). (aerial parts), Rhodiola (root) Extract Vitamin D3 (as cholecalciferol) . 50 mcg ..... ...250% Cardio Blend: Hawthorn (berry), Japanese Knotweed. Vitamin E (as d-alpha tocopheryl succinate) (root) Extract, Coenzyme Q10 (ubiquinone-10) 15 mg 100% Vitamin K (as phytonadione)... 120 mca. 100% Citrus Bioflavonoid Complex (from orange, grapefruit, lemon, lime, tangerine) Thiamin (as thiamin mononitrate) 20 mg.. ...1.667% 20 mg ......1,538% Daily Greens™ Blend: Spirulina, Kelp, Barley (grass), Riboflavin. Blessed Thistle (stem, leaf, flower), Blue-Green Niacin (as niacinamide) 40 mg ..250% Algae (Aphanizomenon flos-aguae), Chlorella, Cilantro Vitamin B6 (as pyridoxine HCl) 20 mg.. (leaf). Dandelion (aerial parts), Lemon Balm (leaf). Folate 400 mcg DFE .. 100% Lemongrass (Cymbopogon citratus) (aerial parts). (240 mcg Folic Acid) Nettle (Urtica spp.) (leaf), Plantain (leaf), Wheat (grass) Vitamin B12 (as methylcobalamin). 90 mcg....3,750% 20 mg.. 33 mca. Mushroom Mycelial & Primordia Biomass. 20 mg.. Pantothenic Acid (as D-calcium pantothenate). 20 ma .400% Defense Blend: Organic Reishi, Organic Shiitake, Choline (as choline bitartrate). 20 ma Organic Hiratake, Organic Enokitake, Calcium (as calcium carbonate, dicalcium phosphate)...130 mg Organic Maitake, Organic Yamabushitake, lodine (as potassium iodide). 150 mcn Organic Agarikon, Organic Chaga, Magnesium (as magnesium oxide) . 55 mg Organic Himematsutake, Organic Kawaratake Zinc (as zinc oxide) .200% 22 mg (Trametes versicolor), Organic Mesima, Selenium (as sodium selenate) 200 mcg 364% Organic Zhu Ling Copper (as copper sulfate) . . 1.8 mg .200% ligestive Enzyme Blend: Betaine HCI, Bromelain, Papain..... . 7 mg. 5.8 mg .252% Rutin (from Sophora japonica [flower bud] Extract) Manganese (as manganese sulfate) . 5 ma. .100% Lutein (from Aztec Marigold [flower] Extract) Molybdenum (as sodium molybdate) 45 mca . 1 mg .. Men's Blend: Saw Palmetto (berry), Tomato. 101 m †Percent Daily Values (DV) are based on a 2,000 calorie diet

\*\*Daily Value not established.



**MEN'S 50+** 

## Ultra Multivitamin

With 22 vitamins and minerals



200% or more Daily Value of 12 vitamins and minerals, including active form methyl B12



Vitamins and minerals to fill nutrient gaps



7 plant-based blends including Daily Greens™, Mind & Body Energy, and Cardio blends



60 mg Orchard Fruits™ & Garden Veggies™ powder blend per serving

Explore more products at NATURESWAY.COM



Orchard Fruits™ & Garden Veggies™ Powder Blend: .

Once Dailu

**MEN'S 50+** 

## Ultra Multivitamin

Promotes Healthu Brain, Eyes & Heart\*

High Potency Complete Multivitamin for Men 50+

**60 TABLETS - MULTIVITAMIN SUPPLEMENT** 

\*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE. Recommendation: Men take 1 tablet daily, preferably with food, Not formulated for women or children. Do not exceed recommended dose Warning: Do not take if you are pregnant, nursing, or under the age of 18. If you have a blood clotting issue, or if you are taking any medications, consult a healthcare professional before use.

## Supplement Facts

Serving Size 1 Tablet		
Total Carbohydrate	<1 g	<1%†
Vitamin A (as 50% [675 mcg] beta-carotene, 50% [675 mcg] retinyl acetate)	1,350 mcg	150%
Vitamin C (ascorbic acid)	203 mg	226%
Vitamin D3 (as cholecalciferol)	50 mcg	250%
Vitamin E (as d-alpha tocopheryl succinate)	15 mg	100%
Vitamin K (as phytonadione)	120 mcg	100%
Thiamin (as thiamin mononitrate)	20 mg	1,667%
Riboflavin	20 mg	1,538%
Niacin (as niacinamide)	40 mg	250%
Vitamin B6 (as pyridoxine HCl)	20 mg	1,176%
Folate (	400 mcg DFE 240 mcg Folic Acid)	100%
Vitamin B12 (as methylcobalamin)	90 mcg	3,750%
Biotin	33 mcg	110%
Pantothenic Acid (as D-calcium pantothenate)	20 mg	400%
Choline (as choline bitartrate)	20 mg	4%
Calcium (as calcium carbonate, dicalcium phospha	te) 130 mg	10%
lodine (as potassium iodide)	150 mcg	100%
Magnesium (as magnesium oxide)	55 mg	13%
Zinc (as zinc oxide)	22 mg	200%
Selenium (as sodium selenate)	200 mcg	364%
Copper (as copper sulfate)	1.8 mg	200%
Manganese (as manganese sulfate)	5.8 mg	252%
Molybdenum (as sodium molybdate)	45 mcg	100%
Men's Blend: Saw Palmetto (berry), Tomato	101 mg	**
Orchard Fruits™ & Garden Veggies™ Powder Blend: Blueberry, Orange, Carrot, Pomegranate, Plum,	60 mg	**

Defense Blend: Organic Reishi, Organic Shiitake, Organic Hiratake, Organic Enokitake, Organic Maitake, Organic Yamabushitake Organic Agarikon, Organic Chaga, Organic Himematsutake, Organic Kawaratake (Trametes versicolor), Organic Mesima, Organic Zhu Ling Digestive Enzyme Blend: 7 mg Betaine HCI, Bromelain, Papain Rutin (from Sophora japonica [flower bud] Extract 5 ma Lutein (from Aztec Marigold [flower] Extract) 1 mg Percent Daily Values (DV) are based on a 2,000 calorie diet \*\*Daily Value not established. Other ingredients: cellulose, stearic acid, sodium croscarmellose, silica. magnesium stearate, hypromellose, gelatin, glycerin, brown rice FREE FROM gluten and artificial colors.

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