SUGGESTED USE

Shake Well Before Using

Take up to 40 drops in 2 oz. of water or juice, two or three times per day. Best taken between meals.

Caution: *Seek expert medical advice before taking during pregnancy.*

Keep Out of the Reach of Children

Store away from heat & light

007

whole root

ASHWAGANDHA

ENERGY & VITALITY*

HERB PHARM®

HERBAL SUPPLEMENT

1 fluid ounce (29.6 ml)

Ashwagandha Liquid Extract

Ingredients: certified organic alcohol (62-72%), distilled water & Certified Organic Ashwagandha extractives. **GLUTEN-FREE**

Dry herb / menstruum ratio: 1 : 4

We prepare our Ashwagandha Extract from dry whole root of *Withania somnifera* plants which are **Certified Organically Grown**.

To assure optimal extraction of Ashwagandha's bioactive compounds, the root is harvested at the peak of readiness, is carefully shade-dried to retain its full color and aroma, and is then thoroughly extracted.

HERB PHARM • WILLIAMS, OR 97544
800-348-4372 • www.herb-pharm.com

CERTIFIED ORGANIC BY ORGANIC CERTIFIERS

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.