

NEW & IMPROVED

Nature's way  
**Alive!**  
MEN'S 50+  
COMPLETE MULTIVITAMIN

WITH **SUPERFOOD**  
**ANTIOXIDANTS**†

†10 mg polyphenols per serving  
**50 TABLETS - MULTIVITAMIN SUPPLEMENT**



**Recommendation:** Men take 1 tablet daily, preferably with food. Not formulated for women or children. Do not exceed recommended dose. **Warning:** Do not take if you are pregnant or nursing. If you have a blood clotting issue, or if you are taking any medications, consult a healthcare professional before use.

| Supplement Facts                                                                                      |         | Amount per Serving | % DV** |
|-------------------------------------------------------------------------------------------------------|---------|--------------------|--------|
| Serving Size 1 Tablet                                                                                 |         |                    |        |
| Amount per Serving                                                                                    | % DV**  |                    |        |
| Calcium (as calcium carbonate)                                                                        | 130 mg  | 10%                |        |
| Iodine (as potassium iodide)                                                                          | 150 mcg | 100%               |        |
| Magnesium (as magnesium oxide)                                                                        | 105 mg  | 25%                |        |
| Zinc (as zinc oxide)                                                                                  | 19.2 mg | 175%               |        |
| Selenium (as sodium selenate)                                                                         | 96 mcg  | 175%               |        |
| Copper (as copper sulfate)                                                                            | 0.9 mg  | 100%               |        |
| Manganese (as manganese sulfate)                                                                      | 4.6 mg  | 200%               |        |
| Molybdenum (as sodium molybdate)                                                                      | 45 mcg  | 100%               |        |
| Superfood Antioxidant† Powder Blend with 10 mg Polyphenols, Carrot, Blueberry, Spinach, Apple Extract | 50 mg   | **                 |        |
| FloraGLO® Lutein                                                                                      | 300 mcg | **                 |        |
| Carotenoid (from Aztec Marigold [flower] Extract)                                                     | 300 mcg | **                 |        |
| Lycopene                                                                                              | 600 mcg | **                 |        |
| Vitamin B12 (as cyanocobalamin)                                                                       | 40 mcg  | 1,667%             |        |
| Boron (as sodium borate)                                                                              | 150 mcg | **                 |        |

\*\*Daily Value (DV) not established.  
Other ingredients: cellulose, gelatin, sodium croscarmellose, hydroxypropyl cellulose, stearic acid, hypromellose, glycerin, magnesium stearate, silica  
**Keep out of reach of children.** Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.  
**FREE FROM** gluten, wheat, dairy, and artificial colors.

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Bottled and tested in the USA  
Questions? 1-800-962-8873 / naturesway.com  
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**Get the Most from Your Multi**  
100% or more Daily Value of 19 vitamins and minerals per serving

- With a Superfood Antioxidant† powder blend (50 mg per serving)
- Supports heart, brain, muscle, and eye health\*
- High potency zinc and vitamin D3 for immune health\*
- High potency B-vitamin complex to support energy metabolism\*
- High potency antioxidant vitamins C, E, and selenium
- Balanced for men 50+ to support multiple body systems\*

Explore more products at [NATURESWAY.COM](https://naturesway.com)

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\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

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| Supplement Facts                                                                                                                                        |             | Amount per Serving | % DV** |
|---------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|--------------------|--------|
| Serving Size 1 Tablet                                                                                                                                   |             |                    |        |
| Amount per Serving                                                                                                                                      | % DV**      |                    |        |
| Vitamin A (as 70% [630 mcg] retinyl acetate, 30% [270 mcg] beta-carotene)                                                                               | 900 mcg     | 100%               |        |
| Vitamin C (ascorbic acid)                                                                                                                               | 180 mg      | 200%               |        |
| Vitamin D3 (as cholecalciferol)                                                                                                                         | 40 mcg      | 200%               |        |
| Vitamin E (as dl-alpha tocopheryl acetate)                                                                                                              | 30 mg       | 200%               |        |
| Vitamin K (as phytonadione)                                                                                                                             | 120 mcg     | 100%               |        |
| Thiamin (as thiamin mononitrate)                                                                                                                        | 3.6 mg      | 300%               |        |
| Riboflavin                                                                                                                                              | 2.6 mg      | 200%               |        |
| Niacin (as niacinamide)                                                                                                                                 | 24 mg       | 150%               |        |
| Vitamin B6 (as pyridoxine HCl)                                                                                                                          | 5.1 mg      | 300%               |        |
| Folate (400 mcg DFE (240 mcg Folic Acid))                                                                                                               | 400 mcg DFE | 100%               |        |
| Vitamin B12 (as cyanocobalamin)                                                                                                                         | 40 mcg      | 1,667%             |        |
| Biotin                                                                                                                                                  | 30 mcg      | 100%               |        |
| Pantothenic Acid (as D-calcium pantothenate)                                                                                                            | 7.5 mg      | 150%               |        |
| Other ingredients: cellulose, gelatin, sodium croscarmellose, hydroxypropyl cellulose, stearic acid, hypromellose, glycerin, magnesium stearate, silica |             |                    |        |
| Superfood Antioxidant† Powder Blend with 10 mg Polyphenols: Carrot, Pomegranate Extract, Blueberry, Spinach, Apple Extract                              | 50 mg       | **                 |        |
| Lycopene                                                                                                                                                | 600 mcg     | **                 |        |
| FloraGLO® Lutein Carotenoid (from Aztec Marigold [flower] Extract)                                                                                      | 300 mcg     | **                 |        |
| Boron (as sodium borate)                                                                                                                                | 150 mcg     | **                 |        |

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ONCE DAILY