

Get the Most from Your Multi

Plant-based pectin gummies with
15 vitamins and minerals



With a Superfood Antioxidant[†] powder
blend (50 mg per 2-gummy serving)



Full B-vitamin complex to support
energy metabolism*



Supports immune, heart, and
muscle function*



Fruit flavored

Explore more products at [NATURESWAY.COM](https://www.naturesway.com)

FREE FROM gluten, wheat, egg, peanut, dairy, and gelatin.

Keep out of reach of children. Safety sealed with inner
seal. Do not use if seal is broken or missing. Keep tightly
closed. Store at room temperature. Avoid excessive
heat and direct sunlight.

©2024 Nature's Way Brands, LLC

Green Bay, WI 54311 USA

Bottled and tested in the USA

Questions? 1-800-962-8873 / [naturesway.com](https://www.naturesway.com)



BOTTLE MADE FROM
50% POST-CONSUMER
RECYCLED PLASTIC

**NEW &
IMPROVED**



Alive!

MEN'S GUMMY MULTIVITAMIN

WITH
**SUPERFOOD
ANTIOXIDANTS[‡]**

*10 mg polyphenols per
2-gummy serving

150 GUMMIES - MULTIVITAMIN SUPPLEMENT

Recommendation: Men chew 2 gummies daily. Not formulated for women or children.
Do not exceed recommended dose. If you are pregnant, nursing, or taking any
medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 2 Gummies
Servings per Container 75

Amount per Serving % DV[†]

Calories 20

Total Carbohydrate 6 g 2%[†]

Total Sugars 4 g **

Includes 4 g Added Sugars 8%[†]

Vitamin A (as 90%
retinyl palmitate,
10% beta-carotene) 900 mcg 100%

Vitamin C (ascorbic acid) 112.5 mg 125%

Vitamin D3 (as cholecalciferol) 20 mcg 100%

Vitamin E (as dl-alpha
tocopheryl acetate) 15 mg 100%

Thiamin (as thiamin HCl) 0.3 mg 25%

Riboflavin 0.325 mg 25%

Niacin (as niacinamide) 4 mg 25%

Vitamin B6 (as pyridoxine HCl) 4.3 mg 253%

Folate 400 mcg DFE 100%

(240 mcg Folic Acid)

Amount per Serving % DV[†]

Vitamin B12 6 mcg 250%

(as cyanocobalamin)

Biotin 30 mcg 100%

Pantothenic Acid 5 mg 100%

(as D-calcium
pantothenate)

Iodine 150 mcg 100%

(as potassium iodide)

Zinc 3.6 mg 33%

(as zinc citrate)

Selenium 86.3 mcg 157%

(as sodium selenite)

Sodium 20 mg 1%

Superfood Antioxidant[‡] 50 mg **

Powder Blend with 10 mg

Polyphenols: Carrot,

Pomegranate Extract,

Blueberry, Spinach,

Apple Extract

Lycopene 500 mcg **

Inositol 40 mcg **

†Percent Daily Values (DV) are based on a 2,000
calorie diet. **Daily Value not established.

Other ingredients: glucose syrup, sucrose, purified water, pectin, natural flavors, sodium
citrate, citric acid, vegetable and fruit juice color

◆ LH14066.H01 BGM8796H

