

Get the Most from Your Multi

Plant-based pectin gummies with
15 vitamins and minerals



With a Superfood Antioxidant[‡] powder blend
(50 mg per 2-gummy serving)



Full B-vitamin complex to support
energy metabolism*



Supports immune, heart, and muscle function*



Fruit flavored

Explore more products at [NATURESWAY.COM](https://naturesway.com)

FREE FROM gluten, wheat, egg, peanut, dairy, and gelatin.

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

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Green Bay, WI 54311 USA

Bottled and tested in the USA

Questions? 1-800-962-8873 / naturesway.com

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BOTTLE MADE FROM
50% POST-CONSUMER
RECYCLED PLASTIC

NEW &
IMPROVED

Nature's
way

Alive!

**MEN'S GUMMY
MULTIVITAMIN**

WITH
**SUPERFOOD
ANTIOXIDANTS[‡]**

†10 mg polyphenols per
2-gummy serving

60 GUMMIES - MULTIVITAMIN SUPPLEMENT

Recommendation: Men chew 2 gummies daily. Not formulated for women or children. Do not exceed recommended dose. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 2 Gummies
Servings per Container 30

Amount per Serving % DV[†]

Calories	20	
Total Carbohydrate	6 g	2% [†]
Total Sugars	4 g	**
Includes 4 g Added Sugars		8% [†]
Vitamin A (as 90% retinyl palmitate, 10% beta-carotene)	900 mcg	100%
Vitamin C (ascorbic acid)	112.5 mg	125%
Vitamin D3 (as cholecalciferol)	20 mcg	100%
Vitamin E (as dl-alpha tocopheryl acetate)	15 mg	100%
Thiamin (as thiamin HCl)	0.3 mg	25%
Riboflavin	0.325 mg	25%
Niacin (as niacinamide)	4 mg	25%
Vitamin B6 (as pyridoxine HCl)	4.3 mg	253%
Folate	400 mcgDFE (240 mcg Folic Acid)	100%

Amount per Serving % DV[†]

Vitamin B12 (as cyanocobalamin)	6 mcg	250%
Biotin	30 mcg	100%
Pantothenic Acid (as D-calcium pantothenate)	5 mg	100%
Iodine (as potassium iodide)	150 mcg	100%
Zinc (as zinc citrate)	3.6 mg	33%
Selenium (as sodium selenite)	86.3 mcg	157%
Sodium	20 mg	1%
Superfood Antioxidant [‡] Powder Blend with 10 mg Polyphenols: Carrot, Pomegranate Extract, Blueberry, Spinach, Apple Extract	50 mg	**
Lycopene	500 mcg	**
Inositol	40 mcg	**

[†]Percent Daily Values (DV) are based on a 2,000 calorie diet. ^{**}Daily Value not established.

Other ingredients: glucose syrup, sucrose, purified water, pectin, natural flavors, sodium citrate, citric acid, vegetable and fruit juice color