

NEW &
IMPROVED

Nature's
way

Alive!

**MEN'S
COMPLETE MULTIVITAMIN**

WITH
**SUPERFOOD
ANTIOXIDANTS†**

†10 mg polyphenols
per serving

130 TABLETS - MULTIVITAMIN SUPPLEMENT



Recommendation: Men take 1 tablet daily, preferably with food. Not formulated for women or children. Do not exceed recommended dose. **Warning:** Do not take if you are pregnant or nursing. If you have a blood clotting issue, or if you are taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 1 Tablet

Amount per Serving	% DV**
Vitamin A (as 70% [630 mcg] retinyl acetate, 30% [270 mcg] beta-carotene)	100%
Vitamin C (ascorbic acid)	135 mg 150%
Vitamin D3 (as cholecalciferol)	40 mcg 200%
Vitamin E (as dl-alpha tocopheryl acetate)	22.5 mg 150%
Vitamin K (as phytonadione)	120 mcg 100%
Thiamin (as thiamin mononitrate)	2.4 mg 200%
Riboflavin	2.6 mg 200%
Niacin (as niacinamide)	24 mg 150%
Vitamin B6 (as pyridoxine HCl)	4.25 mg 250%
Folate (240 mcg DFE Folic Acid)	400 mcg DFE 100%
Vitamin B12 (as cyanocobalamin)	18 mcg 750%
Biotin	30 mcg 100%
Pantothenic Acid (as D-calcium pantothenate)	7.5 mg 150%

Amount per Serving

Calcium (as calcium carbonate)

Iodine (as potassium iodide)

Magnesium (as magnesium oxide)

Zinc (as zinc oxide)

Selenium (as sodium selenate)

Copper (as copper sulfate)

Manganese (as manganese sulfate)

Molybdenum (as sodium molybdate)

Superfood Antioxidant†

Powder Blend with 10 mg

Polyphenols: Carrot,

Pomegranate Extract, Blue-

berry, Spinach, Apple Extract

Lycopene

Boron (as sodium borate)

FloraGLO® Lutein

Carotenoid (from Aztec

Marigold [flower] Extract)

**Daily Value (DV) not established.

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Other ingredients: cellulose, gelatin, sodium croscarmellose, hydroxypropyl cellulose, stearic acid, hypromellose, glycerin, magnesium stearate, silica

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

FREE FROM gluten, wheat, dairy, and artificial colors.

FloraGLO
LUTERNA

®FloraGLO is a registered
trademark of Kemlin
Industries, Inc.



BOTTLE MADE FROM
50% POST-CONSUMER
RECYCLED PLASTIC

LH13716.K01 BLK8585K

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ONCE DAILY



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