NEW & IMPROVED

Nature's way

Alive!®

MEN'S COMPLETE MULTIVITAMIN

WITH SUPERFOOD ANTIOXIDANTS‡

‡10 mg polyphenols per serving

50 TABLETS - MULTIVITAMIN SUPPLEMENT

Recommendation: Men take 1 tablet daily, preferably with food. Not formulated for women or children. Do not exceed recommended dose. **Warning:** Do not take if you are pregnant or nursing. If you have a blood clotting issue, or if you are taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 1 Tablet

Amount per Serving		% DV**
Vitamin A (as 70% [630 mcg] retinyl acetate, 30% [270 mcg] beta-carotene)	900 mcg	100%
Vitamin C (ascorbic acid)	135 mg	150%
Vitamin D3 (as cholecalciferol)	40 mcg	200%
Vitamin E (as dl-alpha tocopheryl acetate)	22.5 mg	150%
Vitamin K (as phytonadione)	120 mcg	100%
Thiamin (as thiamin mononitrate)	2.4 mg	200%
Riboflavin	2.6 mg	200%
Niacin (as niacinamide)	24 mg	150%
Vitamin B6 (as pyridoxine HCl)	4.25 mg	250%
Folate	400 mcg DFE (240 mcg Folic Acid)	100%
Vitamin B12 (as cyanocobalamin)	18 mcg	750%
Biotin	30 mcg	100%
Pantothenic Acid (as D-calcium pantothenate)	7.5 mg	150%
Calcium (as calcium carbonate)	130 mg	10%
Iodine (as potassium iodide)	150 mcg	100%
Magnesium (as magnesium oxide)	105 mg	25%
Zinc (as zinc oxide)	16.5 mg	150%
Selenium (as sodium selenate)	96 mcg	175%
Copper (as copper sulfate)	0.9 mg	100%
Manganese (as manganese sulfate)	2.3 mg	100%
Molybdenum (as sodium molybdate)	45 mcg	100%
Superfood Antioxidant‡ Powder Blend with 10 mg Polyphenols: Carrot, Pomegranate Extract, Blueberry, Spinach, Apple Extract	50 mg	**
Lycopene	600 mcg	**
Boron (as sodium borate)	150 mcg	**
FloraGLO® Lutein Carotenoid (from Aztec Marigold [flower] Extract)	100 mcg	**

**Daily Value (DV) not established.

Other ingredients: cellulose, gelatin, sodium croscarmellose, hydroxypropyl cellulose, stearic acid, hypromellose, glycerin, magnesium stearate, silica

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

FREE FROM gluten, wheat, dairy, and artificial colors.

FloraGLO LUTEIN ®FloraGLO is a registered trademark of Kemin Industries, Inc.

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Bottled and tested in the USA
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BOTTLE MADE FROM 50% POST-CONSUMER RECYCLED PLASTIC

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50 TABLETS - MULTIVITAMIN SUPPLEMENT

Get the Most from Your Multi

100% or more Daily Value of 19 vitamins and minerals per serving

- With a Superfood Antioxidant‡ powder blend (50 mg per serving)
- Supports heart, muscle, and immune health*
- High potency B-vitamin complex to support energy metabolism*
- Excellent source of magnesium and high potency vitamin D3
- High potency antioxidant vitamins C, E, and selenium
- Balanced for men to support multiple body systems*

Explore more products at NATURESWAY.COM

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*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

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