

NEW &
IMPROVED

Nature's
way

Alive!

MEN'S 50+
COMPLETE MULTIVITAMIN

WITH
SUPERFOOD
ANTIOXIDANTS†

†10 mg polyphenols
per serving

130 TABLETS - MULTIVITAMIN SUPPLEMENT



Recommendation: Men take 1 tablet daily, preferably with food. Not formulated for women or children. Do not exceed recommended dose. **Warning:** Do not take if you are pregnant or nursing. If you have a blood clotting issue, or if you are taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 1 Tablet

Amount per Serving	% DV**
Vitamin A (as 70% [630 mcg] retinyl acetate, 30% [270 mcg] beta-carotene)	900 mcg 100%
Vitamin C (ascorbic acid)	180 mg 200%
Vitamin D3 (as cholecalciferol)	40 mcg 200%
Vitamin E (as dl-alpha tocopheryl acetate)	30 mg 200%
Vitamin K (as phytonadione)	120 mcg 100%
Thiamin (as thiamin mononitrate)	3.6 mg 300%
Riboflavin	2.6 mg 200%
Niacin (as niacinamide)	24 mg 150%
Vitamin B6 (as pyridoxine HCl)	5.1 mg 300%
Folate (240 mcg Folic Acid)	400 mcgDFE 100%
Vitamin B12 (as cyanocobalamin)	40 mcg 1,667%
Biotin	30 mcg 100%

Amount per Serving	% DV**
Pantothenic Acid (as D-calcium pantothenate)	7.5 mg 150%
Calcium (as calcium carbonate)	130 mg 10%
Iodine (as potassium iodide)	150 mcg 100%
Magnesium (as magnesium oxide)	105 mg 25%
Zinc (as zinc oxide)	19.2 mg 175%
Selenium (as sodium selenate)	96 mcg 175%
Copper (as copper sulfate)	0.9 mg 100%
Manganese (as manganese sulfate)	4.6 mg 200%
Molybdenum (as sodium molybdate)	45 mcg 100%
Superfood Antioxidant† Powder Blend with 10 mg Polyphenols: Carrot, Pomegranate Extract, Blueberry, Spinach, Apple Extract	50 mg **
Lycopene	600 mcg **
FloraGLO® Lutein Carotenoid (from Aztec Marigold [flower] Extract)	300 mcg **
Boron (as sodium borate)	150 mcg **
**Daily Value (DV) not established.	

Other ingredients: cellulose, gelatin, sodium croscarmellose, hydroxypropyl cellulose, stearic acid, hypromellose, glycerin, magnesium stearate, silica

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

FREE FROM gluten, wheat, dairy, and artificial colors.

FloraGLO
LUTEMAR

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ONCE DAILY



BOTTLE MADE FROM
50% POST-CONSUMER
RECYCLED PLASTIC

LH14283.K01 BLK8718K

