

Supplement Facts

Serving Size 2 Tablespoons (30 mL) / Servings per Container 30

Amount per Serving		% DV†	Amount per Serving	% DV†	
Calories	50		Sodium	15 mg	1%
Total Carbohydrate	15 g	5%†	Daily Greens™ Blend:	500 ma	**
Total Sugars	7 g	**	Spirulina, Barley (grass), Dandelion	ooo mg	
Includes 7 g Added Sugars		14%†	(aerial parts), Lemon Balm (leaf),		
Sugar Alcohol	6 g	**	Wheat (grass), Lemongrass (<i>Cymbo-pogon citratus</i>) (aerial parts), Nettle		
Vitamin A (as 50% retinyl palmitate, 50% beta-carotene)	3,000 mcg	333%	(<i>Urtica</i> spp.) (leaf), Blessed Thistle (stem, leaf, flower), Chlorella, Plantain (leaf), Blue-Green Algae (<i>Aphanizomenon</i>		
Vitamin C (as calcium ascorbate)	500 mg	556%	flos-aquae), Cilantro (leaf) Orchard Fruits™ & Garden Veggies™	200 ma	**
Vitamin D (as ergocalciferol)	10 mcg	50%	Oralan Pruis & activate regules Powder Blend: Orange, Blueberry, Carrot, Plum, Pomegranate, Strawberry, Pear, Apple, Beet, Raspberry, Pineapple, Pumpkin, Cherry, Cauliflower, Grape, Banana, Cabbage, Tomato, Agal, Asparagus, Brussels Sprout, Cranberry, Cucumber, Pea, Broccoli, Spinach	200 IIIg	
Vitamin E (as d-alpha tocopheryl acetate)	133 mg	887%			
Vitamin K (as phytonadione)	80 mcg	67%			
Thiamin (as thiamin mononitrate)	25 mg	2,083%			
Riboflavin	25 mg	1,923%			
Niacin (as nicotinic acid, niacinamide)	20 mg	125%	Mushroom Mycelial & Primordia Biomass Defense Blend: Organic Reishi,	100 mg	**
Vitamin B6 (as pyridoxine HCI)	15 mg	882%	Organic Shiitake, Organic Hiratake, Organic Enokitake, Organic Maitake,		
Folate (30)	500 mcg D mcg Folic		Organic Yamabushitake, Organic Agarikon, Organic Chaga, Organic		
Vitamin B12 (as cyanocobalamin)	200 mcg	8,333%	Himematsutake, Organic Kawaratake (Trametes versicolor), Organic Mesima, Organic Zhu Ling		
Biotin	300 mcg	1,000%	Omega 3/6/9 Fatty Acid Blend:	100 ma	**
Pantothenic Acid	44 mg	880%	Flax (seed), Sunflower (seed)		
(as D-calcium pantothenate)			Citrus Bioflavonoid Complex	60 mg	**
Choline (as choline bitartrate)	30 mg	5%	(from lemon, orange, grapefruit, lime, and tangerine)		
Calcium (as calcium ascorbate, D-calcium pantothenate)	95.3 mg	7%	Eleuthero (root)	50 mg	**
lodine (as potassium iodide)	150 mcg	100%	Inositol	50 mg	**
Magnesium (as magnesium gluconate)	40 mg	10%	Chlorophyllin (from chlorophyllin copper complex)	42.5 mg	**
Zinc (as zinc gluconate)	15 mg	136%	Betaine HCI	25 mg	**
Selenium (as L-selenomethionine		127%	Rutin (from Sophora japonica) (flower bud)		**
Copper (from chlorophyllin	2 mg	222%	Boron (as sodium borate)	1 mg	1000
copper complex)	9		Lutein (from Aztec Marigold [flower] Extract)	200 mcg	- 2
Manganese (as manganese sulfate) 4 mg 174%			†Percent Daily Values (DV) are based on a 2,000		
Molybdenum (as sodium molybdate	e) 75 mcg	calorie diet. **Daily Value not established.			

Other ingredients: purified water, fructose, sorbitol, malic acid, apple juice concentrate, natural flavor, potassium sorbate (preservative to maintain freshness), xanthan gum, brown rice

Max Potency Complete Liquid Multivitamin

With 22 vitamins and minerals



200% or more Daily Value of 10 vitamins and minerals per 2-tablespoon serving



Vitamins and minerals to fill nutrient gaps



5 plant-based blends including Daily Greens™, Mushroom Defense, Omega 3/6/9, and Citrus Bioflavonoid Complex



200 mg Orchard Fruits™ & Garden Veggies™ powder blend per 2-tablespoon serving



Versatile liquid can be taken straight or added to water or your favorite beverage

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Recommendation: Shake well before each use. As a dietary supplement, adults take 1 capful or 2 tablespoons (about 30 mL) once daily. Best when taken with food or immediately after a meal. Can be consumed alone or mixed into beverages such as water, orange juice or smoothies. Not formulated for children. Do not exceed recommended dose.

Warning: Do not take if you are pregnant or nursing. If you have a blood clotting issue, or if you are taking any medications, consult a healthcare professional before use.

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature out of direct sunlight. Refrigerate after opening.

FREE FROM dairy.



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