

Nutrients to Support Healthy Red Blood Cell Production*

Helps replenish iron stores*

- Supports cellular energy production*
- Delivers oxygen to working muscles*

Explore more products at [NATURESWAY.COM](https://www.naturesway.com)

Keep out of reach of children. Do not use if safety seal under child-resistant cap is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

GLUTEN FREE. No salt, wheat, dairy, or artificial colors.

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Green Bay, WI 54311 USA / Bottled and tested in the USA
Questions? 1-800-962-8873 / [naturesway.com](https://www.naturesway.com)

◆ LH05229.G01 BLK522G



BOTTLE MADE FROM
50% POST-CONSUMER
RECYCLED PLASTIC

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Nature's
way

ULTIMATE IRON®

Supports Healthy
Red Blood Cells*

90 SOFTGELS - DIETARY SUPPLEMENT

Recommendation: Adults swallow 2 softgels daily with food.
Warning: Do not use if you are pregnant or nursing. If you are taking any medications, consult a healthcare professional before use.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of the reach of children.** In case of accidental overdose, call a doctor or poison control center immediately.

Supplement Facts

Serving Size 2 Softgels / Servings per Container 45

Amount per Serving		% DV†
Calories	10	
Total Fat	1 g	1%†
Saturated Fat	0 g	0%†
Trans Fat	0 g	**
Vitamin C (ascorbic acid)	120 mg	133%
Folate	666 mcg DFE (400 mcg Folic Acid)	167%
Vitamin B12 (as cyanocobalamin)	200 mcg	8,333%
Iron (as ferrous succinate)	50 mg	278%
Liquid Liver Fractions	500 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: soybean oil, gelatin, glycerin, purified water, beeswax, soy lecithin
Contains soy.