

A Good Day Starts with a Good Night

Helps reduce stress to promote restful sleep*

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

Sensoril® is a registered trademark of Natreon, Inc. and is protected under U.S. Patent No. 7,318,938.

GLUTEN FREE. No wheat, dairy, or gelatin.

◆ LH00458.D01 BLK45D

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Green Bay, WI 54311 USA
Bottled and tested in the USA

Questions? 1-800-962-8873 / naturesway.com



BOTTLE MADE FROM
50% POST-CONSUMER
RECYCLED PLASTIC

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

MELATONIN
FREE

Nature's
way

Sleep Tonight™

Reduces Stress to Help
Promote Restful Sleep*



DIETARY SUPPLEMENT

28
TABLETS

A Good Day Starts with a Good Night

Helps reduce stress
to promote restful sleep*



With ongoing use, clinically studied Sensoril® ashwagandha supports a healthy response to mind and body stress*



Supports adrenal health and balanced cortisol levels*



Formulated with a Stress-Reducing Proprietary Blend of Sensoril® ashwagandha and L-theanine*

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NATURESWAY.COM

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28 TABLETS - DIETARY SUPPLEMENT

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Recommendation: Adults take 1 tablet before bedtime, or as recommended by a healthcare professional. For nightly use.
Warning: Do not use if you are pregnant or nursing. If you are taking any medications, consult a healthcare professional before use. Individuals with diabetes should monitor blood glucose levels closely while taking this product.

Supplement Facts

Serving Size 1 Tablet

Amount per Serving	% DV†
Total Carbohydrate	<1 g <1%†
Stress-Reducing Proprietary Blend: Ashwagandha (Sensoril® brand) (root, leaf) Extract, L-Theanine	250 mg **
Cortisol-Reducing Proprietary Blend: Magnolia (bark) Extract standardized to 2% honokiol (3 mg) and 1% magnolol (1.5 mg), Epimedium (aerial parts) Extract	225 mg **
Phosphatidylserine (from soybean lecithin)	50 mg **

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: cellulose, sodium croscarmellose, stearic acid, calcium silicate, magnesium stearate, silica, hypromellose, glycerin. Contains soy.



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