RECOMMENDATION:

Dosage cup included.

Shake well before each use. For best results, use at first sign of minor cough. nasal, throat, or chest irritations and continue to use for an additional 48 hours after irritations cease. Children 1-5 years of age, take 1 teaspoon (tsp) (5 mL) three times daily. Children 6-12 years of age, take 2 teaspoons (10 mL) three times daily. Not formulated for children under 1 year of age. Do not exceed recommended dose Caution: If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use. Individuals with allergies to plants of the Geraniaceae family should use this product with caution. If irritations persist more than 7 days or worsen, consult a healthcare professional Keep out of reach of children. Do not use if safety seal under child-resistant can is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight



BI 09262

GLUTEN FREE. No wheat, peanut, dairy, or artificial colors.

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Green Bay, WI 54311 USA Questions? 1-800-9NATURE / naturesway.com



Supplement Facts

ø	Serving Size Servings per Container	1 teaspoon (tsp) (5 mL) 24			2 teaspoons (tsp) (10 mL) 12		
6	Amount per Serving	Ages 1-3 % DV‡		Ages 4-5 % DV†		Ages 6-12 % DV†	
ı	Calories	15		15		25	
	Total Carbohydrate	3 g	2%‡	3 g	1%t	7 g	3%†
	Total Sugars	2 g	38	2 g	**	5 g	**
	Includes Added Sugars	2 g	8%‡	2 g	4%t	5 g	10%†
	Vitamin C (ascorbic acid)	30 mg	200%	30 mg	33%	60 mg	67%
	Zinc (as zinc gluconate)	1.1 mg	37%	1.1 mg	10%	2.2 mg	20%
	Black Elder (Sambucus nigra L.) Extract (berry) standardized to antho- cyanins from 1,600 mg of premium cultivar elder- berries per teaspoon	25 mg	**	25 mg	**	50 mg	, **
1	South African Geranium (Pelargonium sidoides) (root) Extract (EPs 7630®)	6.7 mg	**	6.7 mg	**	13.4 m	9 **

†Percent Daily Values (DV) are based on a 2 000 calorie diet ‡Percent Dail

Other ingredients: purified water, fructose, glycerin, natural flavors malic acid, potassium sorbate (preservative to maintain freshness)