

High Quality Source of Organic Black Seed Oil

Contains a blend of omega-6 and omega-9

- Provides 0.6% thymoquinone per 1-teaspoon serving
- Traditionally known as the "seed of blessing"
- Cold pressed, unrefined, no filler oils, hexane-free
- Made with the quality you trust

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GLUTEN FREE. No salt, wheat, corn, soy, dairy, or artificial colors, flavors, or preservatives.

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Green Bay, WI 54311 USA
Certified Organic by
Quality Assurance International
Questions? 1-800-962-8873 / naturesway.com
Product of Israel



CERTIFIED ORGANIC



THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Nature's
Way

ORGANIC BLACK SEED OIL

Supports Antioxidant Pathways*

Cold Pressed

Unrefined

PLANT
POWERED



0.6% NATURALLY-OCCURRING
THYMOQUINONE PER SERVING

8 FL OZ (236 mL) - DIETARY SUPPLEMENT

Recommendation: Shake well before each use. Adults take 1 teaspoon (tsp) (5 mL) 1 to 2 times daily. **REFRIGERATE AFTER OPENING.** If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 1 teaspoon (tsp) (5 mL)

Servings per Container 47

Amount per Serving		% DV†
Calories	40	
Total Fat	4.5 g	6%†
Saturated Fat	1 g	5%†
Trans Fat	0 g	**
Polyunsaturated Fat	2.5 g	**
Monounsaturated Fat	1 g	**
Cholesterol	0 mg	0%
Organic Black Cumin (<i>Nigella sativa</i>) (seed) Oil containing 0.6% thymoquinone	4.5 g	**
Omega-6 as Linoleic Acid	2.25 g	**
Omega-9 as Oleic Acid	810 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Ingredient: Organic Black Cumin (*Nigella sativa*) (seed) Oil

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature out of direct sunlight. Refrigerate after opening.

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