

Premier Fish Oil Source of DHA

DHA is an omega-3 fatty acid needed for proper eye and brain function*

- Also supports heart health*
- Supportive, but not conclusive, research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease†
- Tested for PCBs, heavy metals (including mercury), and other impurities

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Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

No starch or artificial colors.

†See Supplement Facts for total fat and cholesterol content.

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Green Bay, WI 54311 USA • Bottled and tested in the USA
Questions? 1-800-962-8873 / [naturesway.com](https://www.naturesway.com)

◆ LH15682.B01 BLK9052B



BOTTLE MADE FROM
50% POST-CONSUMER
RECYCLED PLASTIC

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



MEGA-DHA PREMIUM FISH OIL

Supports Eye & Brain Function*

Molecularly Distilled Plus Vitamin E

41% DHA (838 mg) & 16% EPA (338 mg)
per 2-softgel serving‡

**2,000 MG FISH OIL
PER 2-SOFTGEL SERVING**

60 SOFTGELS - DIETARY SUPPLEMENT

Recommendation: Adults swallow 2 softgels daily. Do not chew.
Caution: If you are pregnant, nursing, taking blood thinning medications, facing surgery, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 2 Softgels / Servings per Container 30

Amount per Serving		% DV†
Calories	20	
Total Fat	2 g	3%†
Saturated Fat	0 g	0%†
Trans Fat	0 g	**
Polyunsaturated Fat	1.5 g	**
Monounsaturated Fat	0 g	**
Cholesterol	20 mg	7%
Vitamin E (as d-alpha tocopherol)	13.4 mg	89%
Fish Oil	2 g	**
Total Omega-3 Fatty Acids	1.2 g	**
Docosahexaenoic Acid (DHA)	838 mg	**
Eicosapentaenoic Acid (EPA)	338 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: gelatin (softgel), glycerin, purified water
Contains fish (anchovy, jack mackerel, sardine, and mackerel).