

Supports Heart, Muscle, and Nerve Function*

Highly absorbable forms of magnesium

- A combination of magnesium glycinate and malate
- Excellent source of magnesium per 2-tablet serving

Explore more products at [NATURESWAY.COM](https://www.naturesway.com)

GLUTEN FREE. No wheat, corn, soy, dairy, gelatin, or artificial colors.

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Green Bay, WI 54311 USA
Bottled and tested in the USA
Questions? 1-800-962-8873 /
[naturesway.com](https://www.naturesway.com)



BOTTLE MADE FROM
50% POST-CONSUMER
RECYCLED PLASTIC

2 FORMS OF
MAGNESIUM

**Nature's
Way**

MAGNESIUM GLYCINATE COMPLEX

HIGHLY ABSORBABLE FORMS

Supports Heart, Muscle
& Nerve Function*

220 MG MAGNESIUM
PER 2-TABLET SERVING

120 VEGAN TABLETS - DIETARY SUPPLEMENT

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Recommendation: Adults take 2 tablets daily, preferably with food. Not formulated for children. Do not exceed recommended dose. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 2 Tablets
Servings per Container 60

Amount per Serving		% DV†
Calories	5	
Total Carbohydrate	1 g	<1%†
Magnesium (as magnesium bisglycinate and malate)	220 mg	52%

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

Other ingredients: cellulose, ascorbyl palmitate, sodium croscarmellose, hypromellose, silica, glycerin

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.