DO NOT USE IF YOU ARE UNDER 18 YEARS OF AGE, PREGNANT, NURSING, OR CONTEMPLATING PREGNANC) IF YOU HAVE ANY MEDICAL CONDITIONS OR YOU ARE CURRENTLY USING PRESCRIPTION MEDICATIONS. CONSULT YOUR PHYSICIAN BEFORE USING THIS OR ANY DIETARY SUPPLEMENTS.

## BENEFITS:

- PROMOTES RESTFUL SLEEP\*
- WAKE WELL RESTED\*
- STAY ASLEEP LONGER\*

## MADE IN USA WITH DOMESTIC & GLOBAL INGREDIENTS

R/1/010322/6007







**REST AND RECOVERY\*** 

**90 CAPSULES** 

DIETARY SUPPLEMENT

SUGGESTED USE: AS A DIETARY SUPPLEMENT. TAKE 3 CAPSULES 30 MINUTES BEFORE BED.

## Supplement Facts

Serving Size 3 Capsules Servings Per Container 30

Daily Value (DV) not established.

Amount Pe	er Serving	%DV
Vitamin B <sub>6</sub> (as Pyridoxine Hydrochloride)	5 mg	294%
Magnesium (as Magnesium Aspartate)	200 mg	48%
Zinc (as Zinc Picolinate)	10 mg	91%
Tart Cherry ( <i>Prunus cerasus</i> ) (fruit)	250 mg	**
Valerian Extract (Valeriana officinalis) (root) (Std to 0.8% Valeric Acid)	150 mg	
L-Tryptophan	100 mg	**
L-Theanine	100 mg	**
Lavender Extract (Lavandula angustifolia) (flower)	100 mg	"

Other Ingredients: Vegetable Cellulose (capsule), Plant Cellulose, Silicon Dioxide, Rice Extract (Nu-RICE®)

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease. JULIE FUEL COM