

Premium Source Coconut Oil

62% medium chain triglycerides[‡]

- 2.48 g MCTs (lauric, caprylic, and capric acids) per 4-softgel serving[‡]
- Convenient softgels
- Hexane free
- Made with the quality you trust

Explore more products at [NATURESWAY.COM](https://www.naturesway.com)

[‡]See Supplement Facts for Total Fat and Saturated Fat Content.

GLUTEN FREE.

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Green Bay, WI 54311 USA
Bottled and tested in the USA
Questions? 1-800-962-8873 / [naturesway.com](https://www.naturesway.com)

◆ LH10009.B01 BLK8801B



BOTTLE MADE FROM
50% POST-CONSUMER
RECYCLED PLASTIC



COCONUT OIL

4,000 mg of Coconut Oil
per 4-softgel serving

62% MCTs
(Medium Chain Triglycerides),
2,480 mg per 4-softgel serving[‡]

[‡]SEE SUPPLEMENT FACTS FOR TOTAL FAT AND SATURATED FAT CONTENT.

120 SOFTGELS - DIETARY SUPPLEMENT



Recommendation: Adults swallow 4 softgels daily with a meal. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 4 Softgels / Servings per Container 30

Amount per Serving	% DV [†]	
Calories	45	
Total Fat	4.5 g	6% [†]
Saturated Fat	4 g	20% [†]
Trans Fat	0 g	**
Polyunsaturated Fat	0 g	**
Monounsaturated Fat	0 g	**
Cholesterol	0 mg	0%
Total Carbohydrate	<1 g	<1% [†]
Protein	1 g	2% [†]
Sodium	5 mg	<1%
Organic Coconut Oil with 62% Medium Chain Triglycerides (Lauric, Caprylic, and Capric Acids) (2.48 g)	4 g	**

[†]Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: gelatin (softgel), glycerin, purified water
Contains tree nuts (coconut).

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.