

Supports Bone Health and Muscle Function*

Vitamin D supports immune health and calcium absorption*

- Calcium and magnesium support healthy teeth*
- Magnesium supports muscle relaxation*
- Excellent source of calcium, magnesium, and vitamin D3 per 3-capsule serving

Explore more products at [NATURESWAY.COM](https://www.naturesway.com)

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

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Green Bay, WI 54311 USA

Bottled and tested in the USA

Questions? 1-800-962-8873 / [naturesway.com](https://www.naturesway.com)

◆ LH41421.A01 BLK8037A



BOTTLE MADE FROM
50% POST-CONSUMER
RECYCLED PLASTIC

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



CALCIUM MAG & D COMPLEX

Supports Bone Health
& Muscle Function*

3-Part Blend

250 CAPSULES - DIETARY SUPPLEMENT

Recommendation: Adults take 3 capsules twice daily, preferably with food. Not formulated for children. Do not exceed recommended dose. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 3 Capsules

Servings per Container 83

Amount per Serving		% DV†
Total Carbohydrate	<1 g	<1%†
Vitamin D3 (as cholecalciferol)	5 mcg	25%
Calcium (as calcium carbonate, citrate, malate)	500 mg	38%
Magnesium (as magnesium oxide, citrate, aspartate)	250 mg	60%

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

Other ingredients: gelatin (capsule), cellulose, magnesium stearate

GLUTEN FREE. No wheat, soy, dairy, or artificial colors or flavors.