

# Supports Bone Health and Muscle Function\*

Vitamin D supports immune health and calcium absorption\*

- Calcium and magnesium support healthy teeth\*
- Magnesium supports muscle relaxation\*
- Excellent source of calcium, magnesium, and vitamin D3 per 3-capsule serving

Explore more products at [NATURESWAY.COM](https://www.naturesway.com)

**Keep out of reach of children.** Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

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Green Bay, WI 54311 USA  
Bottled and tested in the USA

Questions? 1-800-962-8873 / [naturesway.com](https://www.naturesway.com)

◆ LH41420.A01 BLK8037A



BOTTLE MADE FROM  
50% POST-CONSUMER  
RECYCLED PLASTIC

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



## CALCIUM MAG & D COMPLEX

Supports Bone Health  
& Muscle Function\*

3-Part Blend

**100** CAPSULES - DIETARY SUPPLEMENT

**Recommendation:** Adults take 3 capsules twice daily, preferably with food. Not formulated for children. Do not exceed recommended dose. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

## Supplement Facts

Serving Size 3 Capsules  
Servings per Container 33

Amount per Serving		% DV†
Total Carbohydrate	<1 g	<1%†
Vitamin D3 (as cholecalciferol)	5 mcg	25%
Calcium (as calcium carbonate, citrate, malate)	500 mg	38%
Magnesium (as magnesium oxide, citrate, aspartate)	250 mg	60%

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

Other ingredients: gelatin (capsule), cellulose, magnesium stearate

**GLUTEN FREE.** No wheat, soy, dairy, or artificial colors or flavors.