

DIRECTIONS: As a dietary supplement, take three capsules daily with dinner or as directed by a healthcare practitioner.

Early Promise Prenatal™ Multimineral Vcaps provide essential macro and trace minerals in easy-to-swallow vegetable capsules and are part of **Early Promise Prenatal™ Triplex Care System** comprised of three science-based formulas that together offer pregnant and nursing women one of the most comprehensive, health-supporting prenatal nutritional regimens on the market today. For complete, balanced prenatal nutrition and powerful antioxidant protection, take **Early Promise Prenatal™ Multivitamin Plus DHA Vcaps** with breakfast and **Early Promise Prenatal™ Macronutrient Powder** in Natural Vanilla or Chocolate flavor twice a day in between meals.†

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of corn, yeast, gluten, barley, sodium and sugar.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Bluebonnet

Early Promise
PRENATAL™

MULTIMINERAL

Essential minerals
scientists recommend for pregnant
and nursing women

Dietary Supplement

90 Vcaps 

Supplement Facts

Serving Size 3 Capsules
Serving Per Container 30

Amount Per Serving		% Daily Value Pregnant Women	% Daily Value General Population
Calcium (citrate, carbonate)	800 mg	61%	80%
Iron (bisglycinate)	18 mg	100%	100%
Iodine (potassium iodide)	150 mcg	100%	100%
Magnesium (citrate, amino acid chelate, oxide)	400 mg	88%	100%
Zinc (amino acid chelate)	15 mg	100%	100%
Selenium (amino acid complex)	70 mcg	*	100%
Copper (amino acid chelate)	2 mg	100%	100%
Manganese (amino acid chelate)	2 mg	*	100%
Chromium (amino acid chelate)	120 mcg	*	100%
Molybdenum (amino acid chelate)	75 mcg	*	100%

* Daily Value (DV) not established.

Other Ingredients: 100% Kosher vegetable capsules, vegetable cellulose, magnesium stearate.
Early Promise Prenatal™ is a trademark of Bluebonnet Nutrition Corporation.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under age 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Manufactured by
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