

TEAR HERE

Supplement Facts

Serving Size 2 Tablespoons (Tbsp) (30 mL/1 fl oz)
Servings per Container 16

Amount per Serving		% DV†
Calories	20	
Total Carbohydrate	3 g	1%†
Total Sugars	0 g	**
Includes 0 g Added Sugars		0%†
Sugar Alcohol	2 g	**
Vitamin D3 (as cholecalciferol)	25 mcg (1,000 IU)	125%
Calcium (as calcium citrate, calcium magnesium citrate)	1,000 mg	77%
Magnesium (as calcium magnesium citrate)	40 mg	10%
Sodium	10 mg	<1%
Boron (as boron aspartate, rice protein, citric acid complex)	250 mcg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: purified water, glycerin, natural flavors, citric acid (preservative to maintain freshness), fruit and vegetable blend color, dextrin, potassium sorbate (preservative to maintain freshness), xanthan gum, sodium benzoate (preservative to maintain freshness), sucralose, carotenes color, mixed tocopherols, calcium disodium EDTA

RECOMMENDATION: Shake well before each use. Adults take 2 tablespoons (1 fluid ounce) daily with or without food, either directly or mixed into water or juice. May be taken as two dosages, 1 tablespoon (½ fluid ounce) twice daily. Not formulated for children. Do not exceed recommended daily serving.

Warning: Do not take if you are pregnant or nursing. If you have a kidney disorder, hypercalcemia, hypercalciuria, or are taking any medications, consult a healthcare professional before use. Do not take with other Vitamin D containing supplements.

DOSAGE CUP PROVIDED on top of bottle. Wash after each use.

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Can be stored at room temperature or refrigerated. Avoid excessive heat and direct sunlight.



Supports Bone Health*

With 1,000 mg of easily-absorbed calcium per 2-tablespoon serving

- ✓ Vitamin D3 enhances calcium absorption and utilization*
- ✓ Magnesium helps maintain bone density*
- ✓ Adequate calcium and vitamin D3 throughout life, as part of a well-balanced diet, may reduce the risk of osteoporosis
- ✓ Also with 250 mcg boron per 2-tablespoon serving

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[NATURESWAY.COM](https://www.naturesway.com)

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

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ST1389 BL06838C
LHST1388.C01

ZERO
SUGAR



CALCIUM & VITAMIN D3 WITH MAGNESIUM

Supports Bone Health*

1,000 mg Calcium &
25 mcg Vitamin D3 per 2-tbsp serving
100% Citrate

Fast-Absorbing Liquid | 16 Servings
Just 2 Tbsp Daily



Citrus
Flavored

16 FL OZ (1 PT) (480 mL) - DIETARY SUPPLEMENT