

# Supports Bone Health and Muscle Function\*

Three forms of calcium and magnesium

- Excellent source of calcium and magnesium per 3-capsule serving
- Essential minerals for healthy bones, teeth, and muscle function\*
- Made with the quality you trust

Explore more products at [NATURESWAY.COM](https://www.naturesway.com)

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

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Green Bay, WI 54311 USA  
Bottled and tested in the USA

Questions? 1-800-962-8873 / [naturesway.com](https://www.naturesway.com)

◆ LH41310.A01 BLK8160A



BOTTLE MADE FROM  
50% POST-CONSUMER  
RECYCLED PLASTIC

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



## CALCIUM & MAGNESIUM MINERAL COMPLEX

Supports Bone Health & Muscle Function\*

750 mg per  
3-capsule serving

100 CAPSULES - DIETARY SUPPLEMENT

**Recommendation:** Adults take 3 capsules twice daily, preferably with food. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

### Supplement Facts

Serving Size 3 Capsules

Servings per Container 33

Amount per Serving		% DV†
Total Carbohydrate	<1 g	<1%†
Calcium (as calcium carbonate, citrate, malate)	500 mg	38%
Magnesium (as magnesium oxide, citrate, bisglycinate)	250 mg	60%

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

Other ingredients: gelatin (capsule), cellulose, magnesium stearate

**GLUTEN FREE.** No wheat, corn, soy, dairy, or artificial colors or flavors.