% DV[†]

<1%1

Amount per Serving		% DV†
Copper (as copper gluconate)	1 mg	111%
Chromium (as chromium picolinate)	200 mcg	571%
Sodium	5 mg	<1%
Alpha Lipoic Acid	250 mg	**
Bitter Melon (fruit) Extract	200 mg	**
Cinnamon (Cinnamomum aromaticum) (bark) Extract standardized to 8% flavonoids (8 mg)	100 mg	**
Bilberry (fruit) Extract	40 mg	**

Other ingredients: cellulose, sodium croscarmellose, stearic acid. silica, hypromellose, magnesium stearate, glycerin

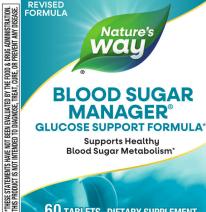
Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

Quatrefolic® is a registered trademark of Gnosis S.p.A. U.S. Patent No. 7.947.662.



GLUTEN FREE. No wheat, soy, dairy, gelatin, or artificial colors

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60 TABLETS - DIETARY SUPPLEMENT

Recommendation: Adults take 2 tablets daily, preferably with a meal. Best when taken with the meal highest in carbohydrates. Caution: If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use. Individuals with diabetes or hypoglycemia should monitor blood glucose levels closely while taking this product.

Supplement Facts Serving Size 2 Tablets / Servings per Container 30 Amount per Serving % DV Total Carbohydrate <1%1 1 g Vitamin K (as phytonadione) 25% 30 mcg Thiamin (as thiamin HCI 56 ma 4.667% Riboflavin 56 ma 4.308% Niacin (as niacinamide) 37 mg 231% Vitamin B6 (as pyridoxine HCI) 25 mg 1.471% 600 mca DFE 150% (240 mcg Folic Acid) (209 mcg Quatrefolic® brand (6S)-5-methyltetrahydrofolate glucosamine salt) Vitamin B12 (as methylcobalamin) 375 mcg 15.625%

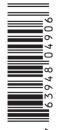
Pantothenic Acid (as D-calcium pantothenate)

Choline (as choline bitartrate)

Zinc (as zinc gluconate)

Magnesium (as magnesium oxide)





1 g

Supports Healthy Blood Sugar Metabolism*

With chromium picolinate

- · Chromium supports healthy blood glucose and insulin metabolism*
- · 8 high potency B-vitamins per 2-tablet serving to support energy and carbohydrate metabolism*
- With 250 mg alpha lipoic acid per 2-tablet serving

Caution: If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use. Individuals with diabetes or hypoglycemia should monitor blood glucose levels closely while taking this product.

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THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE

Uniquely Formulated Blend of Nutrients and Botanicals

With 14 essential vitamins and minerals

- Full B-vitamin complex helps convert food to fuel*
- Excellent source of vitamin K and magnesium, plus high potency zinc and copper, per 2-tablet serving
- With cinnamon, bitter melon, and bilberry extracts

Explore more products at NATURESWAY.COM



*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION.



REVISED

BLOOD SUGAR MANAGER® GLUCOSE SUPPORT

FORMULA* Supports Healthu Blood Sugar Metabolism*

60 TABLETS - DIETARY SUPPLEMENT

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE

Recommendation: Adults take 2 tablets daily, preferably with a meal. Best when taken with the meal highest in carbohydrates.

Supplement Facts

Serving Size 2 Tablets / Servings per Container 30 Amount per Serving

1.333%

740%

5%

48%

136%

400 mca

37 mg

30 mg

200 ma

Total Carbohydrate

15 mg

Vitamin K (as phytonadione)	30 mcg	25%	
Thiamin (as thiamin HCI)	56 mg	4,667%	
Riboflavin	56 mg	4,308%	
Niacin (as niacinamide)	37 mg	231%	
Vitamin B6 (as pyridoxine HCI)	25 mg	1,471%	
(209 mcg	600 mcg DFE 150% (240 mcg Folic Acid) cg Quatrefolic® brand lethyltetrahydrofolate glucosamine salt)		
Vitamin B12 (as methylcobalamin)	375 mcg	15,625%	
Biotin	400 mcg	1,333%	
Pantothenic Acid (as D-calcium pantothenate)	37 mg	740%	
Choline (as choline bitartrate)	30 mg	5%	
Magnesium (as magnesium oxide)	200 mg	48%	
Zinc (as zinc gluconate)	15 mg	136%	
Copper (as copper gluconate)	1 mg	111%	
Chromium (as chromium picolinate)	200 mcg	571%	
Sodium	5 mg	<1%	
Alpha Lipoic Acid	250 mg	**	
Bitter Melon (fruit) Extract	200 mg	**	
Cinnamon (Cinnamomum aromaticus	n) 100 mg	**	

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established

(bark) Extract standardized to

8% flavonoids (8 mg) Bilberry (fruit) Extract

Other ingredients: cellulose, sodium croscarmellose, stearic acid, silica, hypromellose, magnesium stearate, glycerin

40 mg