

MENOPAUSE SUPPORT*

Native to Eastern North America, near the Appalachian Mountains, black cohosh has traditionally been used by Native Americans for hundreds of years. It grows wild and is called the "fairy candle" due to the tall white flower that grows from the stem. However, the root is what wild foragers are after, and is dug up in the autumn, dried and powdered.

◆ LG15353.A02

BLK8281A



*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



❖ PREMIUM EXTRACT ❖

BLACK COHOSH

MENOPAUSE SUPPORT*



120 VEGAN CAPSULES | 40 MG per Serving

DIETARY SUPPLEMENT

Recommendation: Take 1 capsule twice daily with food or water. **Warning:** Do not use if you are pregnant, nursing, or have a liver disorder. Discontinue use and consult a healthcare professional if you develop symptoms of liver trouble, such as abdominal pain, dark urine, or jaundice. If taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 1 Capsule

Amount per Serving	% DV
Black Cohosh Extract (root, rhizome) standardized to 2.5% triterpene glycosides (1 mg)	40 mg**

**Daily Value (DV) not established.

Other ingredients: cellulose, plant-derived capsule (hypromellose)

Keep out of reach of children. Safety sealed with printed inner seal. Do not use if seal is broken or missing.

GLUTEN FREE. No sugar, salt, yeast, wheat, corn, soy, dairy products, or artificial colors, flavors, or preservatives.

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Questions? 1-800-9NATURE /
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BOTTLES MADE
FROM 97%
POST-CONSUMER
RECYCLED PLASTIC

